

# Better Days Are Coming!

Count: 32

Wall: 4

Level: Improver

Choreographer: Sisters Buttons (LAT) - September 2021

Music: Better Days - Dermot Kennedy



**INTRO: 16 counts, start on the lyric "better days"**

**TOUCH FORWARD, TOUCH SIDE, ¼ TURN R COASTER STEP, TOUCH FORWARD, TOUCH SIDE, ¼ TURN L COASTER STEP**

- 1-2 Touch RF forward, touch RF side
- 3&4 Turn a ¼ turn right as you step back on RF, step LF beside RF, step forward RF
- 5-6 Touch LF forward, touch LF side
- 7&8 Turn a ¼ turn left as you step back on LF, step RF beside LF, step forward LF

**ROCK STEP, ½ SHUFFLE TURN RIGHT, CROSS, SIDE, BEHIND SIDE CROSS**

- 1-2 Rock RF forward, recover onto LF
- 3&4 Step RF ¼ turn right, step LF beside RF, step RF ¼ turn right (6:00)
- 5-6 Cross LF in front of RF, step RF to right side.
- 7&8 Cross LF behind RF, step RF to right side, cross LF in front of RF.

**SIDE ROCK, RECOVER, CROSS SHUFFLE, TURN ¾ RIGHT, SHUFFLE FORWARD**

- 1-2 Rock RF to right side, recover onto LF
- 3&4 Cross RF over LF, step LF to side, cross RF over LF
- 5-6 Turn ¼ right and step LF back, turn ½ right and step RF forward (3:00)
- 7&8 Shuffle forward stepping LF-RF-LF

**ROCK STEP, SHUFFLE BACK, ROCK STEP BACK, SHUFFLE FORWARD**

- 1-2 Rock forward on RF, recover onto LF
- 3&4 Shuffle back stepping RF-LF-RF
- 5-6 Rock back on LF, recover onto RF.
- 7&8 Shuffle forward stepping LF-RF-LF

**Hope you enjoy the dance.**

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