## Throw It Back!

Count: 48
Wall: 4
Level: Phrased Intermediate
Choreographer: Patti Birone (USA) \& Meaghan Boyer (USA) - September 2021
Music: Throw It Back (feat. Keith Urban) - BRELAND

INTRO: 32 counts
SEQUENCE : A,B,B,A,B,B,A,B(16), B,A,B
RESTART WALL 8 AFTER INSTRUMENTAL

## PART A

## Pony, $1 / 4$ Turn Step, Sway, Heel Switches

$1 \& 2 \quad$ Step $R$ back while popping $L$ knee up (1) Step $L$ next to $R(\&)$ Step $R$ back while popping $L$ knee up (2)
3-4 Turn $1 / 4 L$ taking Big Step $L$ (3) Drag $R$ next to $L$ (4)
5-6 Sway hips $R(5)$ then $L$ (6)
7\&8\& Touch $R$ heel forward (7) Step $R$ to center (\&) Touch $L$ heel forward (8) Step $L$ to center (\&)
1/4 Turn Pivot, Kick \& Point (x2), $1 / 2$ Turn Pivot
1\&2 Step forward $R(1)$ Recover $L$ with $1 / 4$ turn $L$ (\&) Touch $R$ together (2)
3\&4 Kick R forward (3) Step R next to $L$ (\&) Point $L$ to side (4)
5\&6 Kick $L$ forward (5) Step $L$ next to $R(\&)$ Point $R$ to side (6)
7\&8 Step forward R (7) Recover L with $1 / 2$ Turn $L$ (\&) Touch R next to $L$ (8)
Note: Brush $R$ hand back on $R$ hip (7) Brush $R$ hand forward on $R$ hip (\&) Clap (8)

## PART B

Side Rock Recover R, L, Swivel, $1 / 4$ Turn Kick, Step Back

| 1-2 | Rock $R$ to $R$ side (1) Recover $L$ bringing $R$ to center (2) |
| :--- | :--- |
| $3-4$ | Rock $L$ to $L$ side (3) Recover $R$ bringing $L$ to center (4) |
| $5 \& 6$ | Swivel $R$ heel out (5) Swivel $R$ toe out (\&) Swivel $R$ heel out (6) |
| $7-8$ | Turn $1 / 4 L$ while kicking $L$ forward (7) Step $L$ back (8) |

Coaster, Full Turn, Press Front L, R
1\&2 Step $R$ back (1) Step $L$ together (\&) Step $R$ forward (2)

3-4 $1 / 2$ Turn over $R$ shoulder stepping back on $L(3) 1 / 2$ Turn over $R$ shoulder stepping $R$ forward (4)

5\&6 Press $L$ forward (6) body roll (\&) Bring $L$ to center (6)
7\&8 Press R forward (7) body roll (\&) Bring R to center (8)
*RESTART on WALL 8 (you will be facing 9 o'clock wall)
Step Back R, L, Coaster, $1 / 4$ Turn Jazz Box
1-2 Walk back R (1) Walk back L (2)
3\&4 Step R back (3) Step $L$ together (\&) Step $R$ forward (4)
5-8 Cross $L$ over $R(5)$ Step back $R(6) 1 / 4$ Turn $L$ stepping $L$ to side (7) Touch $R$ beside $L$ (8)
Back Hip Bump R, L, Back Coaster, Front Coaster
1\&2 Step R back bump R, L, R
3\&4 Step L back bump L, R, L
5\&6 Step R back (5) Step L beside R (\&) Step R forward (6)
7\&8
Step $L$ forward (7) Step $R$ beside $L$ (\&) Step $L$ back (8)
Last Update - 19 Sept. 2021
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