

# Belinda, Belinda

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Seonaid M. Williams (SCO/NOR) - September 2021

**Music:** Belinda - Marcus & Martinus & Alex Rose



**Dance starts after 16 counts, on the vocals**

## **WALK, WALK, SHUFFLE FORWARD, FORWARD MAMBO, SHUFFLE BACK**

1,2,3&4 Step forward on RF, step forward on LF, step forward RF, step LF to RF, step forward RF

5&6 Rock forward LF, recover on RF, step back on LF

7&8 Step back RF, step LF to RF, step back RF

**Note: SHUFFLE BACK can be replaced with LOCK SHUFFLE back - Step back RF, cross LF over RF, step back RF**

## **FORWARD RHUMBA BOX L, CHASSÉ 1/4 TURN TO LEFT, SWAY, SWAY**

1&2 Step LF to L, step RF beside LF, step forward on LF

3&4 Step RF to right, step LF beside RF, step back on RF

5&6 Step LF to left, step RF beside LF, 1/4 turn left stepping forward on LF

7,8 Step RF to right, sway or roll hips to right, sway or roll hips to left (figure of eight), weight on LF

## **RF SIDE, TOGETHER, MAMBO CROSS, LF SIDE TOGETHER, MAMBO CROSS**

1,2,3&4 Step RF to right, step LF beside RF, rock RF to right, recover on LF, cross RF over LF

5,6,7&8 Step LF to left, step RF beside LF, rock LF to left, recover on RF, cross LF over RF (Option: Shimmy on steps 1,2 (Side, together))

## **STEP FORWARD, 1/4 TURN LEFT, STEP FORWARD, 1/4 TURN LEFT, CROSS SAMBA, CROSS SAMBA**

1,2,3,4 Step forward on RF, 1/4 turn to left on LF (hip roll) Step forward on RF, 1/4 turn to left on LF (hip roll)

5&6,7&8 Cross RF over LF, rock LF to left, recover on RF, cross LF over RF, rock RF to right, recover on LF Start again

**Have fun!**