45 Degrees

Count: 32

Level: High Beginner

Choreographer: Ria Vos (NL) - October 2021

Music: 45 Fahrenheit Girl - Drew Sycamore

Intro: 36 (4+32) Counts, on the word "took..." (18sec)

Skate R, Skate L, Shuffle Fwd, Rock Fwd, Shuffle ½ Turn L

- Skate Fwd on R to R Diagonal, Skate Fwd on L to L Diagonal 1-2
- 3&4 Shuffle Fwd Stepping R-L-R
- 5-6 Rock Fwd on L, Recover on R
- 7&8 Shuffle ¹/₂ Turn L Stepping L-R-L (6:00)

1/4 L Chasse, Rock Back, Side, Touch, Kick-Ball-Cross

- 1/4 Turn L Step R to R Side, Step L Next to R, Step R to R Side (3:00) 1&2
- Rock Back on L, Recover on R 3-4
- 5-6 Step L to L Side, Touch R Next to L
- Kick R to R Diagonal, Step on Ball of R Next to L, Cross L Over R 7&8

Side Rock, Chasse ¼ Turn R, Step Pivot ½ Turn R, Shuffle Fwd

- 1-2 Rock R to R Side, Recover on L (Sway Hips)
- 3&4 Step R to R Side, Step L Next to R, ¹/₄ Turn R Step Fwd on R (6:00)
- 5-6 Step Fwd on L, Pivot ¹/₂ Turn R (12:00)
- 7&8 Shuffle Fwd Stepping L-R-L

1/2 L, 1/4 L, Cross Shuffle, Side Rock, Coaster Cross

- 1/2 Turn L Step Back on R, 1/4 Turn L Step L to L Side (3:00) 1-2
- 3&4 Cross R Over L, Step L to L Side, Cross R Over L
- 5-6 Rock L to L Side, Recover on R
- Step Back on L, Step R Next to L, Cross L Over R 7&8

No Tags No Restarts





Wall: 4