U Go Gurl

Count: 32

Level: Beginner

Choreographer: John Dembiec (USA) - October 2021

Music: U Gurl - Walker Hayes

#16 count intro, start on vocals (No tags or restarts)

[1-8] SIDE STEP, DRAG & SHAKE (X2)

- Step R to R, Drag L next to R (Shake hips as you drag) 1-4
- 5-8 Step L to L, Drag R next to L (Shake hips as you drag)

[9-16] ROCKING CHAIR, STOMPS, HEELS BOUNCES

- 1-4 Rock R forward, Replace to L, Rock R back, Replace, to L
- 5-6 Stomp R forward, Stomp L forward
- 7-8 Bounce both heels twice (Weight to L)

[17-24] KNEE ROLLS (X2)

- 1-4 Touch R toe to R diagonal as you roll knee clockwise twice, R heel down
- 5-8 Touch L toe to L diagonal as you roll knee counter-clockwise twice, L heel down

[25-32] V-STEP, 3/4 BOX TURN, STEP

- 1-2 Step R forward to R diagonal, Step L forward to L diagonal
- 3-4 Step R back to center, Step L back to center
- 5-6 Make 1/4 turn L stepping R to R (9:00), Make 1/4 turn L stepping L to L (6:00)
- 7-8 Make 1/4 turn L stepping R to R (3:00), Step L down in place

REPEAT AND HAVE FUN !!!!!!





Wall: 4