A Cowboy's Dream

Count: 32

Level: Beginner / Improver

Choreographer: Helaine Norman (USA) - December 2021

Music: Hey Cowgirl - Randall King

Restart: 1 after 8 counts on wall 4 facing 6:00

Tag: 1 easy 4-count after wall 8 facing 6:00

I. 1/4 R Turn Heel Dig, Back Coaster; Forward Lock, Shuffle

- 1-2 Touch R heel forward, fan R toes R making ¼ right, weight to L, hitch R knee 3:00
- 3&4 Step R behind L, step L together, step R forward
- 5-6 Step L forward, lock R behind L
- 7&8 Step L forward, step R together, step L forward

Optional Styling for counts 5-6, 7&8: Bend forward/over (as if bowing with respect) while holding fingers on rim of cowboy/cowgirl hat or mimic it.

□ RESTART DURING WALL 4 FACING 6:00. (Wall 4 starts at 3:00.)

II. ½ L Pivot Turn, 1/2 L Triple Turn; Rock Recover, Cross, Point

- 1-2 Step R forward making ½ turn left, weight to L 9:00
- 3&4 Step R, step L together, step R Step L making ½ turn left 3:00
- 5&6 Rock L back, recover to R
- 7-8 Step L over R, point R side

III. ¼ R Jazz Box Turn Ending with Touch; Side Touch, Kick Ball Change

- 1-2 Step R over L, step L back
- 3-4 Step R side making ¼ turn right, touch L together 12:00
- 5-6 Step L side, touch R together
- 7&8 Kick R forward, ball on L, step L
- Optional for 7-8: Heel Switches: 7&8&:

Touch R heel forward, step R together, step L heel step L together

IV. ¼ L Pivot Turn, Forward Triple; ½ R Pivot Turn, Forward Triple

- 1-2 Step R forward making ¼ turn left, weight to L 3:00
- 3&4 Step R forward, step L together, step R forward
- 5-6 Step L forward making ¹/₂ turn right, weight to R 9:00
- 7&8 Step L forward, step R together, step L forward
- * TAG AFTER WALL 8, FACING 6:00: Step R side, touch L together; step L side, touch R together.

OPTIONAL EXCHANGE OF STEPS 3&4 and 7&8 ONLY DURING WALL 5: Starts when words are sung "You're still running." run forward RLR instead of shuffle forward.

REPEAT

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Last Update - 3 Mar 2022 - R2





Wall: 4