

Count: 32

Level: Intermediate

Choreographer: Shirley Bang (MY) & Penny Tan (MY) - December 2021

Wall: 4

Music: Water (Long version) - Naïka

Dance start from vocal "Seminar" (app. 6 seconds into track)

- Tags (3X) / 1 Restart
- TAG (4 Counts): At the end of W2 & W4 add tag (facing 6:00 & 12:00)
- TAG (4 Counts): W7 after 16C , add tag and restart the dance(facing 3:00)
- TAG (4 Counts):STEP OUT(R-L), SWIVELS TOES IN, HEELS IN, TOES IN, HEELS IN
- 1-2 Stomp RF out to R side, stomp LF out to L side
- &3&4 Twist both toes in, twist both heels in, twist both toes in ,twist both heels in

SEC1: TOUCH WITH HIP BUMPS, BEHIND, SIDE, CROSS , SYNCOPATED ROCKING CHAIR ,1/4 TURN L CROSS SAMBA

- 1-2 Touch R fwd with hip bumps from L to R (X2)
- 3&4 Cross RF behind LF , step LF to L side, cross RF over LF
- 5&6& Rock LF fwd , recover on R, rock LF back, recover on R
- 7&8 1/4 turn L, cross LF over RF, step RF to R side, recover on L (9:00)

SEC2:CROSS,SIDE , SAILOR STEP , CROSS SAMBA , BACK, TOGETHER

- 1-2 Cross RF over LF, step LF to L side
- 3&4 Sweep RF behind LF , step LF next to RF , step RF to R side (or diagonally fwd)
- 5&6 Cross LF over RF , step RF to R , recover Lf on L
- 7-8 Step RF back , step back LF beside RF

SEC3:HITCH , DIAGONALLY FWD SHUFFLE(R-L), HITCH, DIAGONALLY BACK SHUFFLE(R-L)

- &1&2 Hitch RF ,diagonally fwd shuffle R-L-R
- &3&4 Hitch LF , diagonally fwd shuffle L-R-L
- &5&6 Hitch RF , diagonally back shuffle R-L-R
- &7&8 Hitch LF , diagonally back shuffle L-R-L

SEC4:1/2 TURN JAZZ BOX , V STEP

1-4 Cross RF over LF , ¹/₄ turn R , step LF back (12:00) ,¹/₄ turn R , step RF to R side ,step LF fwd (3:00)

5-8 Step RF out diagonally, step LF out diagonally, step RF back to centre, step LF back next to RF

Have fun and happy dancing! Contact: pennytanml@hotmail.com shirleybsl@hotmail.com

