# Penolongku (My Savior)



Count: 32 Wall: 4 Level: Improver

Choreographer: Gunawati Tiotama (INA) - December 2021

Music: Tuhan Selalu Menolongku - Clarisa Dewi



Intro: 20 counts - Restart: @Wall 5, after 12 counts

## Section 1: BACK ROCK, WALK R L, SYNCOPATED SIDE ROCK R, L

1 2 3 4 Rock R back, Recover L, Walk R, Walk L
5 6& Rock R to side, Recover L, Step R together
7 8& Rock L to L, Recover R, Step L together (12:00)

# Section 2: CROSS, 1/4 R FLICK, FORWARD, HITCH, VINE, TOUCH

1 2 3 4 Cross R over L, Flick L facing 10.30, Step L forward, Hitch R (10:30)

#### \*Restart here on Wall 5, squaring up to 12:00

5 6 7 8 Square up to 12:00 Step R to R, Cross L behind R, Step R to R, Touch L beside R (12:00)

## Section 3: 1/4 L FORWARD, SWEEP, FORWARD, SWEEP, ROCKING CHAIR

1 2 ½ L Step L forward while sweeping R from back to front for 2 counts (9:00)

3 4 Step R forward while sweeping L from back to front for 2 counts

5 6 7 8 Rock L forward, Recover R, Rock L back, Recover R

## Section 4: PIVOT TURN, SPIRAL, FORWARD, ROCK FORWARD, ½ TURN L

1 2 Step L Forward, ½ R Step R forward (3:00)

3 4 Step L Forward, Full Turn R finishing with weight on L

5 6 7 8 Step R forward, Rock L forward, Recover R, ½ L Step L forward (9:00)

# \*Dance with your soul and let it speak for itself\*

Contact: gunawati129@gmail.com

Updated: 21st Dec 2021