# Love's Tempo (愛的Tempo)

Level: Easy Intermediate

Choreographer: Sandy Koh (SG) - January 2022

Music: Love's Tempo (愛的Tempo) - Yi Ling (一綾) & Roger Wang (王中平)

# Count In: 16 Counts [00:09]

**Count: 96** 

Sequence: Dance Intro, 96, Tag1, 96, Tag2, 96, Tag2, Ending Note: This dance need not to be phrased A, B, C as taught in my video. I think a direct 96 counts will be easier for all to learn & remember.

# Dance Intro (1 Wall, 16 Counts)

#### DI§1 Fwd Rock, Recover, Back Shuffle, Back Rock, Recover, Fwd Shuffle

1-2-3&4	Rock R fwd, recover L, step R back, step L beside R, step R back
5-6-7&8	Rock L back, recover R, step L fwd, step R beside L, step L fwd

### DI§2 ¼ L Paddle Turns x 4

1-8 [Step R fwd, pivot ¼ L] x 4 [12:00]

### Main Dance (4 Walls, 96 Counts)

#### MD§1 [Side Rock, Recover, Close, Hold] - R then L Lead

- 1-2-3-4 Rock R to R, recover L, step R beside L, HOLD
- 5-6-7-8 Rock L to L, recover R, step L beside R, HOLD

### MD§2 Fwd Shuffle, Fwd Shuffle, ¼ R Jazz Box

- 1&2 Step R fwd, step L beside R, step R fwd
- 3&4 Step L fwd, step R beside L, step L fwd
- 5-6-7-8 Cross R over L, step L back. ¼ R step R fwd, step L beside R [3:00]

# MD§3 【Diagonal. Lock Step, Touch + Clap】 - R then L Lead

- 1-2-3-4 Step R fwd to R diagonal., lock step L behind R, step R fwd to R diagonal, touch L toes beside R + clap
- 5-6-7-8 Step L fwd to L diagonal, lock step R behind L, step L fwd to L diagonal, touch R toes beside L + clap

# MD§4 ¼ R Monterey Turn, Jazz Box

- 1-2-3-4 Touch R to R, ¼ R step R beside L, touch L to L, step L beside R [6:00]
- 5-6-7-8 Cross R over L, step L back, step R to R, step L fwd

# MD§5 Fwd Rock, Recover, Back Shuffle, Back Rock, Recover, Fwd Shuffle

- 1-2-3&4 Rock R fwd, recover L, step R back, step L beside R, step R back
- 5-6-7&8 Rock L back, recover R, step L fwd, step R beside L, step L fwd

# MD§6 Side Rock, Recover 1/4 L, Fwd Shuffle, Step, Pivot 1/2 R, Fwd Shuffle

- 1-2-3&4 Rock R to R, ¼ L recover L, step R fwd, step L beside R, step R fwd [3:00]
- 5-6-7&8 Step L fwd, pivot ½ R, step L fwd, step R beside L, step L fwd [9:00]

# MD§7 【Grapevine, Scuff】 - R then L Lead

- 1-2-3-4 Step R to R, cross L behind R, step R to R, scuff L fwd
- 5-6-7-8 Step L to L, cross R behind L, step L to L, scuff R fwd

# MD§8 [Fwd Rock, Recover, Coaster Step] - R then L Lead

- 1-2-3&4 Rock R fwd, recover L, step R back, step L beside R, step R fwd
- 5-6-7&8 Rock L fwd, recover R, step L back, step R beside L, step L fwd





Wall: 4

# MD§9 Fwd Rock, Recover, Side Toe Strut, Back Rock, Recover, Side Toe Strut

- 1-2-3-4 Rock R fwd, recover L, touch R toes slightly to R, slap R heel down
- 5-6-7-8 Rock L back, recover R, touch L toes slightly to L, slap L heel down

# MD§10 【Cross, Side, Side Shuffle】 - R then L Lead

- 1-2 Cross R over L, step L slightly to L and also slightly backwards
- 3&4 Step R to R, step L beside R, step R to R
- 5-6 Cross L over R, step R slightly to R and also slightly backwards
- 7&8Step L to L, step R beside L, step L to L

## MD§11 Fwd Rock, Recover, Side Toe Strut, Back Rock, Recover, Side Toe Strut

- 1-2-3-4 Rock R fwd, recover L, touch R toes slightly to R, slap R heel down
- 5-6-7-8 Rock L back, recover R, touch L toes slightly to L, slap L heel down

## MD§12 【Cross, Side, Sailor Step】 - R then L Lead

1-2-3&4Cross R over L, step L to L, cross R behind L, step L to L, step R to R5-6-7&8Cross L over R, step R to R, cross L behind R, step R to R, step L to L

## Tag1 (2 Walls, 64 Counts)

### Danced once only at 9:00. Hence, directions based on starting at 9:00.

### T1§1: 【Side, Together, Side, Touch】 - R then L Lead

- 1-2-3-4 Step R to R, step L beside R, step R to R, touch L toes beside R
- 5-6-7-8 Step L to L, step R beside L, step L to L, touch R toes beside L

## T1§2: ¼ L Paddle Turns x 2, Side Long Step, Touch, Side Shuffle

- 1-4 [Step R fwd, pivot ¼ L] x 2 [3:00]
- 5-6 Long step R to R, touch L toes beside R
- 7&8 Step L to L, step R beside L, step L to L

### T1§3: + T1§4:

### [Walk, Walk, Fwd Shuffle] - R-L- R-L Lead completing a Fig '8'

- 1-2-3&4 Completing a ½ R circular curve: Walk fwd R-L, step R fwd, step L beside R, step R fwd [9:00]
- 5-6-7&8 Continue to complete another ½ R circular curve: Walk fwd L-R, step L fwd, step R beside L, step L fwd 【3:00】
- 1-2-3&4 Now change direction to complete a ½ L circular curve: Walk fwd R-L, step R fwd, step L beside R, step R fwd [9:00]
- 5-6-7&8 Continue to complete another ½ L circular curve: Walk fwd L-R, step L fwd, step R beside L, step L fwd 【3:00】

### T1§5: Fwd Rock, Recover, Back Shuffle, Back Rock, Recover, Fwd Shuffle

- 1-2-3&4 Rock R fwd, recover L, step R back, step L beside R, step R back
- 5-6-7&8 Rock L back, recover R, step L fwd, step R beside L, step L fwd

# T1§6: 【Side Rock, Recover, Behind Rock, Recover】 x 2

1-8 【Rock R to R, recover L, cross rock R behind L, recover L】 x 2

# T1§7: Fwd Rock, Recover, Back Shuffle, Back Rock, Recover, Fwd Shuffle

- 1-2-3&4 Rock R fwd, recover L, step R back, step L beside R, step R back
- 5-6-7&8 Rock L back, recover R, step L fwd, step R beside L, step L fwd

# T1§8: ¼ L Paddle Turns x 4

1-8 [Step R fwd, pivot ¼ L] x 4 [3:00]

Tag2 (2 Walls, 16 Counts) End of Wall 2 + Wall 3 facing 12:00 + 3:00.

# T2§1: 【Side, Together, Side, Touch】 - R then L Lead

- 1-2-3-4 Step R to R, step L beside R, step R to R, touch L toes beside R
- 5-6-7-8 Step L to L, step R beside L, step L to L, touch R toes beside L

#### T2§2: ¼ L Paddle Turns x 2, Side Long Step, Touch, Side Shuffle

- 1-4 【Step R fwd, pivot ¼ L】 x 2
- 5-6 Long step R to R, touch L toes beside R
- 7&8 Step L to L, step R beside L, step L to L

Ending (4 Walls, 16 Counts)

#### After Tag2 at end of Wall 3 facing 9:00.

- E§1: Fwd Rock, Recover, Back Shuffle, Back Rock, Recover, Fwd Shuffle
- 1-2-3&4 Rock R fwd, recover L, step R back, step L beside R, step R back
- 5-6-7&8 Rock L back, recover R, step L fwd, step R beside L, step L fwd

## E§2 ¼ L Paddle Turns x 2, ¼ L Side Long Step, Touch, Side Shuffle

- 1-4 [Step R fwd, pivot ¼ L] x 2 [3:00]
- 5-6 <sup>1</sup>/<sub>4</sub> L long step R to R, touch L toes beside R [12:00]
- 7&8 Step L to L, step R beside L, step L to L

### Music MTV Video Link: https://www.youtube.com/watch?v=LCK66ysppZ0 Teach & Demo Video Link: https://www.youtube.com/watch?v=D4EvidPpj1M&t=189s