No Way

Count: 32		**Wall:** 2	**Level:** Phrased Improver

Choreographer: Lynn Mayer (USA) - November 2021

Music: No Way (feat. Renée Lamb) - SIX

Phrase A: (32 Counts)
Heel Hitch Heel Step, Lock Step Lock
1	R Heel Touch Front
2	R Hitch Cross Left
3	R Heel Touch Front
4	R step Home
5	L step angle
6	R Lock step to L
7	L step angle
8	Hold

Side Rock Cross, Side Rock Cross
1	R Rock to R
2	L Step in Place
3	R Step Cross in Front of L
4	Hold
5	L Rock to L
6	R Step in Place
7	L Step Cros in Front of R
8	Hold

Pivot, Pivot, Skate R, Skate L
1	R Step Front
2	Pivot ½ Turn, Step on L
3	R Step Front
4	Pivot ½ Turn, Step on L
5	R skate angle
6	L toe to R (keep weight on R)
7	L Skate angle
8	R toe to L (Keep weight on L)

Paddle ¼, Paddle 1/4 , Hip roll Coaster
1	R ¼ Paddle Turn
2	L Step
3	R ¼ Paddle Turn
4	R Step
5	R Heel Dig with Hip Roll
6	L step Home
7	R step Back
&	L Step Front
8	R step home
&	L Step Home

Restarts: Wall 6, 10

Phrase B: after wall 10: (BPM Slows to 91)
Side Modified Rhumba R L

1	Step R to side
2	Hold
3	Step L to R
4	Step R in Place
5	Step L to Side
6	Hold
7	Step R to L
8	Step L in Place

Back Front Modified Rhumba R L

1	Step R Back
2	Hold
3	Step L to R
4	Step R in Place
5	Step L Front
6	Hold
7	Step R to L
8	Step on L in Place

Cross Over Modified Rhumba R L

1	Step R Cross in Front of L
2	Hold
3	Step L in Place
4	Step R to L
5	Step L Cross in Front of R
6	Hold
7	Step R in Place
8	Step L to R

Slow Pivot Turn (½ ½)

1	Step R Front
2	Hold
3	Pivot Step L
4	Hold
5	Step R Front
6	Hold
7	Pivot Step L
8	Hold

Pause (step out on word 'No') R step to Side R hand down
(With music)

Phrase C: Following Phrase A 'Pause'
Syncopated Stomps

1 2	Stomp R
3 4	Stomp L
5	Stomp R
6	Stomp L
7	Stomp R
8	Stomp L

Phrasing Notes: A A A A A A (restart) A A A A (restart) A B C A A
Phrase A: Dance Phrase A 11 times, with restart after walls 6 & 10
Phrase B: After wall 11
Phrase C: After Phrase B
Phrase A: Dance 2x to end of dance