Southern Through and Through

Level: Beginner / Improver

Choreographer: Kate Kardiff (USA) - January 2022 Music: U Gurl - Walker Hayes

#16 count intro

ROCK FWD, RECOVER, COASTER STEP, 1/2 TURN PIVOT, 1/2 TURN PIVOT

- 1-2 Rock forward right, recover left
- 3&4 Step back right, step left beside right, step forward right
- 5-6 Step left forward, 1/2 turn pivot (right shoulder back)
- 7-8 Step left forward, 1/2 turn pivot (right shoulder back)

CROSS, STEP SIDE, SAILOR STEP W/ 1/4 TURN, ROCK FWD, RECOVER, SWEEP 1/2 TURN

- 1 Cross left over right
- 2 Step side right

Count: 32

- 3&4 Sweep left behind right turning 1/4 left, step right, step left slightly forward
- 5-6 Rock forward right, recover left
- 7-8 Sweep right around making 1/2 turn, step down right (or touch right behind, turn back 1/2)

*Restart on wall 3: dance 15 counts, touch right and restart dance

SHUFFLE FWD, SHUFFLE FWD, ROCK FWD, RECOVER, SHUFFLE 1/2 TURN

- 1&2 Shuffle forward L-R-L
- 3&4 Shuffle forward R-L-R
- 5-6 Rock forward left, recover right
- 7&8 Shuffle 1/2 turn L-R-L

1/2 TURN PIVOT, WALK, WALK, TURN, TURN, STOMP, STOMP

- 1-2 Step right forward, 1/2 turn pivot
- 3-4 Walk forward right, walk forward left
- 5-6 1/2 turn stepping back on right, 1/2 turn stepping forward left
- 7-8 Stomp right, stomp left

End of dance.

Enjoy!





W

Wall: 4