Count: 32
Wall: 2
Level: High Beginner
Choreographer: Laurence POUZOULLIC (FR) - January 2022
Music: Lost - Maroon 5

Intro : 8 counts
Break ( 4 counts) at the end of wall 10
(1-8) CROSS, POINT, CROSS, POINT, STEP FWD, TOUCH BACK, STEP BACK, KICK FWD
1-2 Cross RF over LF - Point LF to $L$
3-4 Cross LF over RF - Point RF to R
5-6 Step RF forward - Touch LF behind RF
7-8 Step LF back - Kick RF forward
(9-16) BACK LOCK STEP, TOGETHER, SWIVET R / L
1-2 Step RF back - Lock LF over RF
3-4 Step RF back - Together LF next to RF
5-6 Lift $R$ heel and $L$ toe as you swing your heel to the right - Return to center
7-8 Lift $L$ heel and $R$ toe as you swing your heel to the left - Return to center
(17-24) BEHIND, SIDE, CROSS, SWEEP, CROSS, SIDE, BEHIND, SWEEP
1-2 Cross RF behind LF - Step LF to L
3-4 Cross RF over LF - Sweep LF from the front
5-6 Cross LF over RF - Step RF to R
7-8 Cross LF behind RF - Sweep RF from the back
(25-32) ROCK BACK, RECOVER, $1 ⁄ 2$ TURN L WITH TOE STRUT, ROCK BACK, RECOVER, TOE STRUT FWD
1-2 Rock back to RF - Recover to LF
3-4 $\quad 1 / 2$ turn $L$ with toe strut RF (6h00)
5-6 Rock back to LF - Recover to RF
7-8 Toe strut LF
Break here at the end of wall 10 ( 12 h 00 ), 4 counts :
1-4 Raise your arms and cross them in front of you while lowering them
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