

Coaster Mix - Line or Mixer

COPPER KNOB
STEPPSHEETS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Mark Wuyts (BEL) - February 2022

Music: East Bound and Down - Jerry Reed : (modified)



Can be done as a Line Dance or as a Partner Dance / Mixer, without contact.

The Steps are the same in both cases , no tags or restarts.

Intro: 16 counts, start on vocals.

Sec 1: Scissors, clap 2x; Reverse;

1-4 Side R, close L, cross R over L, clap clap ;

5-8 Side L, close R, cross L over R, clap clap ;

Sec 2: Swivel back 4; Coasterstep;

1-4 Back R while turning L heel R, back L while turning R heel L, repeat ;

5-8 Back R, close L, forward R, hold;

Sec 3: Point side, step forward, point side , close; twist 4;

1-2 Point side L, big step forward on L ,

3-4 Point side R, close R;

5-8 Twist 4, heels go R-L-R-L;

Sec 4: R Vine 3, scuff; Coasterstep, ¼L(*) scuff;

1-4 Side R, cross L in back, R side, scuff;

5-8 Back L, close R, forward L, turn ¼ L(*) and scuff;

(*) As a mixer, don't do the ¼ turn !

As a mixer, we start in a double facing circle, men on the inside. (Partners facing each other)

Both partners do exactly the same steps, so both partners start with the right foot !

The only difference with the line dance is that we don't do the quarter turn to the left after the second coasterstep (*) (section 4, count 8).

The change of partner happens at the vine 3 in section 4 count 1-4, fully automatic.

There is no contact with the partner, so can be done well in this Corona time.

There are 2 versions of the music,

1 shortened with 8 times the dance (8 walls) : <https://youtu.be/ccSeGtL3W8E>

and a longer one, 13 times the dance for the mixer: <https://youtu.be/7YyV0QGynJ4>

Or You can email me for the music: melodia@telenet.be

Happy Dancing