

# If I Were a Cowboy

Count: 32

Wall: 4

Level: Improver

Choreographer: Jim Ray (USA) - March 2022

Music: If I Was a Cowboy - Miranda Lambert



## Hold 16: And Start

**ROCK STEP RIGHT, STEP RIGHT, IN FRONT, LEFT TO LEFT, RIGHT IN FRONT, ROCK STEP LEFT, STEP LEFT IN FRONT, RIGHT TO RIGHT, LEFT IN FRONT**

- 1,2 Rock Right To The Right, Recover To Left
- 3&4 Step Right In Front Of Left, Left To The Left, Right In Front Of Left
- 5,6 Rock Left Foot To left, Recover To The Right
- 7&8 Step Left In Front Of Right, Step Right To Right, Left In Front Of Right

**ROCK RIGHT FOOT FORWARD, SHIFT WT. BACK TO LEFT, TURN A 1/2 TURN RIGHT, STEPPING RIGHT, LEFT, RIGHT, ROCK LEFT FOOT TO THE LEFT, RECOVER TO RIGHT, STEP LEFT IN FRONT OF RIGHT, STEP RIGHT TO RIGHT, STEP LEFT A 1/4 RIGHT**

- 1,2 Rock Right Foot Forward, Recover To Left
- 3&4 Turn A 1/2 Turn Right Stepping Right, Left, Right
- 5,6 Rock Left Foot To The Left, Recover To The Right
- 7&8 Step Left Foot In Front Of Right, Step Right To Right, Step Left A 1/4 Right

**ROCK STEP RIGHT FORWARD, 1/4 LEFT COASTER STEP, ROCK STEP LEFT FORWARD, 1/4 COASTER STEP TO THE LEFT**

- 1,2 Rock Step Right Foot Forward, Recover To The Left
- 3&4 Turn A 1/4 Left Coaster Step, Stepping Right, Left, Right
- 5,6 Rock Step Left Foot Forward, Recover To Right
- 7&8 Turn A 1/4 Left Coaster Step, Stepping Left, Right, Left

**MOVING FORWARD, ROCK RIGHT TO THE RIGHT, RECOVER TO LEFT, CROSS RIGHT OVER LEFT, ROCK LEFT TO THE LEFT, RECOVER TO RIGHT, CROSS LEFT OVER RIGHT, ROCK RIGHT TO THE RIGHT, RECOVER LEFT, CROSS RIGHT OVER LEFT, ROCK LEFT TO THE LEFT, RECOVER TO RIGHT, CROSS LEFT OVER RIGHT**

- 1&2 Moving Forward Rock Right To Right, Recover Left, Cross Right Over Left
- 3&4 Moving Forward Rock Left To Left, Recover To Right, Cross Left Over Right
- 5&6 Moving Forward Rock Right To Right, Recover To Left, Cross Right Over Left
- 7&8 Moving Forward Rock Left To Left, Recover To Right, Cross Left Over Right

**( START OVER )**

**Last Update - 18 Oct. 2022**