Cotton Fields (zh)

Count: 40 **Wall:** 2 **Level:** Beginner
Choreographer: Maria Nix (DE) - 2022年03月
Music: In Them Old Cottonfields Back Home - Johnny Cash : (Album: The sound of Johnny Cash-1962)

Intro: Start after 8 count with the singer
简介： 与歌手一起计数 8 次后开始

S1: Step toe, step kick, coaster step cross, weave
S1 步趾、步踢、过山车跨步、编织

1&2&	右脚向前迈步，右脚后敲左球，左脚放回右脚旁边，右脚向前踢
3&4&	右脚后退，重心放在右脚上，左脚合拢，右脚跨过左脚
5&6&	左脚向左跨，右脚在左脚后交叉，向左跨，右脚跨在左脚上
7&8	左脚向左走，重心放在左脚上，重心放回右脚，左脚跨过右脚

1&2&	step forward with right foot, tap left ball behind right foot, set left foot back next to right foot, kick forward with right foot
3&4&	step back with right foot with weight on right foot, close left foot, cross right foot over left foot
5&6&	step left with left foot, cross right foot behind left foot, step left, cross right foot over left foot
7&8	step left with left foot with weight on left foot, put weight back to right foot, cross left foot over right foot

S2: Rumbabox
S2：伦巴箱

1-2	右脚向一侧迈步，左脚合拢
3-4	右脚后退，左脚合拢
5-6	左脚向一侧迈步，右脚并拢
7-8	左脚向前迈步，重心放在左脚上，再数数

1-2	step to the side with right foot, close left foot
3-4	step back with right foot, close left foot
5-6	step to the side with left foot, close right foot
7-8	step forward with left foot with weight on left foot, hold for another count

S3: Rocking Chair, step ½ turn facing 6 o'clock, step right/ step left
S3：摇椅，步 ½ 转面向 6 点钟方向，向右走/向左走

1-2	右脚向前迈步，重心放在右脚上，左脚保持原位
3-4	右脚后退，重心放在右脚，重心放回左脚
5-6	向前走，½ 转左，面向 6 点钟方向
7-8	右脚向前走，左脚向前走

1-2	step forward with right foot with weight on right foot, left foot remains on place
3-4	step back with right foot with weight on right foot, put weight back onto the left foot
5-6	step forward, ½ turn left facing 6 o'clock
7-8	step forward with right foot, step forward with left foot

S4: Cross back side, hold r/l, diagonal shuffle right/left
S4：交叉背侧，保持r/l，对角线左右洗牌

1&2&	右脚跨过左脚,重心放在右脚上，左脚稍稍抬起，一步将重心放回左脚，右脚向一侧跨步并 保持再数
3&4&	左脚跨过右脚，重心放在左脚上，稍微抬起右脚，一步将重心放回右脚，左脚向一边跨步，再保持一次数

5&6 步右脚斜向右侧，左脚合在右脚后，右脚斜向右侧跨步
7&8 步左脚斜向左，右脚合左脚后，左脚斜向左跨步

1&2& cross right foot over left foot with weight on right foot, lift your left foot slightly, put weight back to the left foot with a step, step to the side with right foot and hold for another count
3&4& cross left foot over right foot with weight on left foot, lift your right foot slightly, put weight back to the right foot with a step, step to the side with left foot and hold for another count
5&6 step with right foot diagonally to the right, close left foot behind right foot, step with right foot diagonally to the right
7&8 step with left foot diagonally to the left, close right foot behind left foot, step with left foot diagonally to the left

S5: Step ½ turn, shuffle right, step ½ turn, shuffle left
S5：步½转，右洗牌，步½转，左洗牌
1-2 右脚向前迈步，向左转 ½ 面向 12 点钟方向
3&4 右脚向前迈步，左脚合拢，右脚向前迈步
5-6 左脚向前迈步，向左 ½ 转面向 6 点钟方向
7&8 左脚向前迈步，右脚合拢，左脚向前迈步

1-2 step forward with right foot, ½ turn left facing 12 o'clock
3&4 step forward with right foot, close left foot, step forward with right foot
5-6 Step forward with left foot, ½ turn left facing 6 o'clock
7&8 step forward with left foot, close right foot, step forward with left foot

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After wall 2, facing 12 o'clock (16 count)
墙 2 后，面向 12 点钟方向（16 点）
S1: Toe heel stomp right/left
S1：右/左脚跟跺脚
1-2 用右球敲击，用右脚跟敲击
3-4 将右脚踩在左脚旁边，然后再数数
5-6 用左球敲击，用左脚跟敲击
7-8 将左脚踩在右脚旁边，然后再数数

1-2 tap with right ball, tap with right heel
3-4 stamp right foot next to left foot and hold for another count
5-6 tap with left ball, tap with left heel
7-8 stamp left foot next to right foot and hold for another count

S2: Diagonal shuffle right/left
S2：对角线左右洗牌
1-2 右脚向右斜跨一步，重心放在右脚上，左脚放在右脚后面
3-4 右脚向右斜跨步，重心放在右脚上
5-6 左脚向左斜跨一步，重心放在左脚上，左脚放在右脚后面
7-8 左脚向左斜跨一步，重心放在左脚上

1-2 step with right foot diagonally to the right with weight onto right foot, close left foot behind right foot
3-4 step with right foot diagonally to the right with weight onto right foot
5-6 step with left foot diagonally to the left with weight onto left foot, close left foot behind right foot
7-8 step with left foot diagonally to the left with weight onto left foot

After wall 4, facing 12 o'clock (8 count)
墙壁 4 后，面向 12 点钟方向（8 计数）

S1: Toe heel stomp right/left
S1：右/左脚跟跺脚

1-2	用右球敲击，用右脚跟敲击
3-4	将右脚踩在左脚旁边，然后再数数
5-6	用左球敲击，用左脚跟敲击
7-8	将左脚踩在右脚旁边，然后再数数

1-2	tap with right ball, tap with right heel
3-4	stamp right foot next to left foot and hold for another count
5-6	tap with left ball, tap with left heel
7-8	stamp left foot next to right foot and hold for another count

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