Count: 48
Wall: 4
Level: Easy Intermediate
Choreographer: Hiroko Carlsson (AUS) - March 2022
Music: At My Worst - Pink Sweat\$


Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(16 counts intro)
[S1] Fwd, Fwd, Fwd Coaster, Back, Back, 1/4L Turning Coaster Step
12 Step forward on R, Step forward on $L$
3\&4 Step forward on R, Step L next to R, Step back on R
56 Step back on $L$, Step back on $R$ sweeping $L$ around (prep for $1 / 4 L$ turn)
7\&8 Make a 1/4 turn left stepping back on L, Step R next to L, Step forward on L (9:00)
[S2] Side, Behind-Side-Heel-\&-Cross, Side, Behind-Side, Touch w/ Knee In-Out 1/4R
$12 \& \quad$ Step $R$ to the side, Step $L$ behind $R$, Step $R$ to the side
3\&4 Touch $L$ heel diagonally forward, Step $L$ beside $R$, Cross $R$ over $L$
5 6\& Step $L$ to the side, Step $R$ behind $L$, Step $L$ to the side
78 Touch $R$ toe beside $L /$ pop $R$ knee in, Make a $1 / 4$ turn right on $L$ foot/roll $R$ knee out (touch $R$ toe forward weight on $L$ ) $(12: 00)$
[S3] Fwd, Step-Pivot 1/2R, Fwd, Monterey 1/4R Turn
12 Step forward on R, Step forward on $L$
34 Make a 1/2 turn right recover weight on R, Step forward on $L$ (6:00)
56 Touch $R$ toe out to the right, Make 1/4 turn right stepping $R$ beside $L$ (9:00)
78 Touch L out to the left, Step $L$ next to $R$
[S4] Fwd, Kick-Back-Touch, Unwind 1/2R, Fwd, Kick-Back-Touch, Unwind 1/4L
$12 \& \quad$ Step forward on R, Kick forward on L, Step back on L
34 Touch $R$ toe back, Making a $1 / 2$ turn right (unwind) weight ends on $R(3: 00)$
5 6\& Step forward on L, Kick forward on R, Step back on R
78 Touch $L$ toe back, Making a 1/4 turn left (unwind) weight ends on $L$ (12:00)

Repeat from here at the end of Wall 4
[S5] Cross, Side, Behind, Side, Cross Rock, 1/4R, Together
1233 Cross R over L, Step L to the side, Step R behind L, Step L to the side
56 Rock/across R over L, Replace weight on L
$78 \quad$ Make a 1/4 turn right big step forward on R, Step $L$ together (3:00)
[S6] Behind, 1/4L, Step-Pivot 1/2L, Fwd, Fwd-1/4L Ball-Cross, Point
12 Step $R$ behind $L$, Make a 1/4 turn left stepping forward on $L$ (12:00)
34 Step forward on R, Make a 1/2 turn left recover weight on $L$ (6:00)
$56 \& \quad$ Step forward on R, Step forward on L, Make a $1 / 4$ turn left stepping R beside L (3:00)
78 Cross $L$ over R, Point $R$ toe to the right
\#16 counts Repeat at the end of Wall 4(finishes facing 12:00) - Repeat Section 5 and Section 6 (3:00)
Ending suggestion: The last wall starts facing 3:00, dance up to S4 count 6 (6:00). Then,
Touch $L$ toe back (7), Making a 1/2 turn left (unwind) weight ends on $L$ (8), Step forward on R (1) (12:00)
(updated: 16/Mar/22)
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