

All Cried Out

COPPER KNOB
STEPPERS

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Margaret Murphy (AUS) - March 2022

Music: All Cried Out - Alison Moyet



Introduction: 16 counts – One Restart – 1 +1/2 Turns can be replaced with ½ turns stepping RLRL (2/4 walls)

NC Basic R, NC Basic L, Rock R Fwd. Replace, 1 ½ triple Right

- 1-2& Long step RF to R side, drag LF to R, step/rock back onto LF, step RF in place
- 3-4& Long step LF to L side, drag RF to L, step/rock back onto LF, step LF in place
- 5-6 Rock/step Fwd. onto RF, replace weight onto LF
- 7&8& 1½ Triple turn Right, stepping RLRL (Option: ½ turn R, stepping RLRL) 6.00

NC Basic R, NC Basic L, ¼ Left, RockFwd, Replace, 1 ½ Right

- 1-2& Long step RF to R side, drag LF to R, step/rock back onto LF, step RF in place
- 3-4& Long step LF to L side, L drag RF behind L as you ¼ turn, stepping fwd onto LF
- 5-6 Rock/step Fwd. onto RF replace weight onto LF
- 7&8& 1½ turn Triple turn Right, stepping RLRL (Option: ½ turn R, stepping RLRL) 9.00

NC Basic R, NC Basic L, Rock Fwd/Back, Step R Lock Back, Step back, Rock Back/Replace, Step Lock Fwd. Right

- 1-2& Long step RF to R side, drag LF to R, step/rock back onto LF, step RF in place
- 3-4& Long step LF to L side, drag RF to L, step/rock back onto LF, step LF in place
- 5-6 Rock/Step Fwd onto RF, replace onto LF
- 7&8& Step RF back, Lock LF in front of R, step back on RF, step LF Back, RLRL (9.00)

Rock/Step Back, Right, replace weight onto LF, Lock Step Fwd, Rock Replace ¼ Left Sailor Touch R.

- 1-2 Rock/step back onto RF, replace weight onto LF
- 3&4 Step RF fwd, & lock LF up behind RF, step fwd onto RF
- 5-6 Rock/step Fwd onto LF, replace weight onto RF
- 7&8& ¼ Left Sweeping LF behind RF. Step onto LF, step RF to R side, step LF to L side, (Sailor step) Touch RF beside LF. (6.00)

There is one restart: Starting wall 3 at 12.00, Dance 20 counts, and restart facing 9.00, now dancing to side walls.

I hope you enjoy this dance, a bit different to my usual, No hips lol. M.M.