Dancing Beat



Count	: 112	Wall: 2	Level: Phrased Intermediate / Advanced	
Choreographer	: Jo Kinser (UK), March 2022	Hayley Wheatley (UK)	, Chloé Ourties (FR) & Jef Camps (BEL) -	
Music	: Dancing Feet (fe	eat. DNCE) - Kygo		
Intro 16c. from f	irst beat Sequence	e: A – B – A – B – B – E	3	
PART A: 48c				
Section 1 Step F	Fwd, Sweep Into 1/	∕₂ Turn, Together, Walk	s R-L, Mambo Fwd, Point Back	
1-2	RF step forward,	sweep LF forward and	make ½ turn R on RF 6:00	
3-4-5		F, RF step forward, LF	•	
6&7-8	RF rock forward,	recover on LF, RF step	back, LF point back	
Section 2 Rever	se ½ Pivot, Hold,	Step Fwd, Full Turn, B	ody Roll	
1-2	Make 1/2 turn L on	RF, hold 12:00		
3-4	LF step forward, 2	½ turn L & RF step bac	k 6:00	
5-6	1/2 turn L & LF ste	p forward and make bo	odyroll forward rolling back 12:00	
7-8	Recover on RF, L	F step back		
Section 3 Rock	Back/Recover, Sid	de, Rock Back/Recove	r, ¼ Side, ¼ Back Rcok/Recover, Side, Ba	ack Mambo
1&2	•	over on LF, RF step si		
3&4	LF rock back, rec	over on RF, ¼ turn R &	LF step side 3:00	
5&6	1/4 turn R & RF roo	ck back, recover on LF	, RF step side 6:00	
7&8	LF rock back, rec	over on RF, LF step fo	rward	
Section 4 ½ Tur	n Into Slide, Drag	, Cross, Side, Cross, S	ide, 1/8, Together, Walk R-L	
&1-2	· · · · · · · · · · · · · · · · · · ·		& drag LF slowly towards RF 12:00	
3-4	LF cross over RF	, RF step side		
5&6	LF cross over RF	, RF step side, 1/8 turn	L & LF close next to RF 10:30	
7-8	RF step forward,	LF step forward		
Section 5: 1/8 S	ide Rock/Recover	, Ball, Side Rock/Reco	ver, Ball, Fwd Rock, Recover, Full Turn	
1-2&		over on LF, RF close o		
3-4&	LF rock side, reco	over on RF, LF close or	n ball next to RF	
5-6	RF rock forward,			
7-8	1/2 turn R & RF ste	ep forward, ½ turn R &	LF step back 9:00	
Section 6 Coast	er Step, Step Fwd	l, ¼ Pivot, Step Fwd. ½	Click-Clack, Back Rock & Pop, Recover	
1&2	• • •	close next to RF, RF s	•	
3-4	LF step forward, r	make ¼ turn R putting	weight on RF 12:00	
5&6	LF step forward, r	make ¼ turn R twisting	R-heel in, make ¼ turn R twisting L heel	out 6:00
7-8	RF rock back & p	op L-knee up (option: h	nitch) , LF recover (or step down after hitcl	h)
PART B: 64				
- First time start		- Diagonal Kiels Cida	Touch Dabiad Tag Strut/Opena 6:00	
	· · · · · · · · · · · · · · · · · · ·		Touch Behind, Toe Strut/Snaps 6:00	
1-2 3&4	•	ally R forward, skate LF		
3&4 5&6		•	o RF, RF step into R diagonal	
5&0 7		side & RH snap high al	de, RF touch behind LF	
8			wise into low snap R-side (look over R sho	oulder)
-				Juluer)

Optional: bump R hip up on count 7, bump R hip low on count 8

Section 2 Rollin	g Vine, Point, Full Turn, Out-Out, Step Back, Cross
1-2	1/4 turn L & LF step forward, 1/2 turn L & RF step back 9:00
3-4	1/4 turn L & LF step side, RF point side & clap hands 6:00
5-6	1/4 turn R & RF step forward, 1/2 turn R & LF step back 3:00
7&8&	¹ / ₂ turn R & step forward & out on R-heel, step out on L-heel, RF step back, LF cross over RF 9:00
Section 3 Side,	Heel Taps & Bring Hand Up, Behind, ¼ Fwd, Step Fwd, Mambo Fwd, Close
1&2	RF step side, lift R-heel, RF bring heel down
&3&4	Lift R-heel, RF bring heel down, lift R-heel, RF bring heel down (weight stays on LF)
	it 1 bring R hand out & sideways on hip level (palms facing forward) & turn head ¼ turn R ards 9:00) – bring R-hand sideways up over 3 counts
5&6	RF cross behind LF, 1/4 turn L & LF step forward, RF step forward 6:00
7&8	LF rock forward, recover on RF, LF close next to RF
Section 4 Mamb	oo Fwd, Walks Back, Coaster Step, Hitch, Slide
1&2	RF rock forward, recover on LF, RF step back
3-4	LF step back, RF step back
Styling: while wa	alking on counts 2-3-4 you can twist toes of opposite foot out
5-6	LF step back, RF close next to LF, LF step forward
7-8	Hitch R-knee, RF big step side
Section 5 Sailor	Step, Heel Swivels, Behind-Side-Cross, ¾ Bounce Turn
1&2	LF cross behind RF, RF step side, LF step side
&3	RF lift heel & twist heel inside, bring heel back in place
&4	LF lift heel & twist heel inside, bring heel back in place (weight ends on LF)
5&6	RF cross behind LF, LF step side, RF cross over LF
&7&8	Making ¾ turn L bouncing both heels twice 9:00
Section 6 Diago	nal Dorothy Step, Diagonal Step-Lock-Step, Cross, 1/8 Back, 1/8 Chasse
1-2&	RF step diagonally R-forward, LF lock behind RF, RF step diagonally R-forward
3&4	LF step diagonally L-forward, RF lock behind LF, LF step diagonally L-forward
5-6	RF cross over LF, 1/8 turn R & LF step back 10:30
7&8	1/8 turn R & RF step side, LF close next to RF, RF step side 12:00
Section 7 Cross	Mambo Into Rolling Vine, Kick-Ball-Press, Kick-Ball-Press
1&2	LF rock across RF, recover on RF, 1/4 turn L & LF step forward 9:00
3-4	¹ / ₂ Turn L & RF step back, ¹ / ₄ turn L & LF step side 12:00
5&6	RF kick forward, RF close on ball next to LF, LF press side (slightly bend through R-knee)
7&8	LF kick forward, LF close on ball next to RF, RF press side (slightly bend through L-knee)
Section 8 Hitch	Into Reverse ½ Turn, Side, Cross Samba, Cross, ½ Hinge, Together
1-2	Make 1/2 turn R on LF while hitching R, RF step side 6:00
3&4	LF cross over RF, RF step side, LF step slightly diagonally L-forward
5-6	RF cross over LF, ¹ / ₄ turn R & LF step back 9:00
7-8	1/4 turn R & RF step side, LF close next to RF 12:00
Jo, Hayley, Chlo	bë & Jeffke