Bad Habits Leads to You (P)



Count: 32 Wall: 4 Level: Beginner

Choreographer: Jane F Schmidt (DK) - March 2022

Music: Bad Habits - Ed Sheeran: (iTunes)



Based on Beginner Line dance by: Lene Mainz Pedersen (DK)

Intro: 16 counts (Start in sweetheart)

[1-8] STOMP R, SWIVEL R HEEL R & L, KICK R, BACK ROCK, 1/4 L CHASSE R

1,2,3,4 Stomp R to R diagonal (lean fw), Swivel R foot to R, Swivel R foot back to center, Kick R foot

to R diagonal

5,6 7&8 Rock back on R, Recover on LTurn 1/4 L step R to R side, Step L beside R, Step R to R side

[9-16] BEHIND, 1/4 SIDE, SHUFFLE FORWARD, ROCKING CHAIR

1,2,3&4. Cross L behind R, turn ¼ step R step R forward, L forward, slide R togheter, L forward

5,6,7,8. Rock R forward, recover back onto L, rock back on R, recover onto L

[17-24]:CROSS POINT X4

1,2,3,4 Cross R in front of L, Point L to L side, Cross L in front of R, Point R to R side,

5,6,7,8 R in front of L, Point L to L side, Cross L in front of R, Point R to R side

[25-32] JAZZ 1/2 R X2

1 - 4 Cross R in front of L, stepping back on L, turn ½ Step R to R forward, Step L beside R

5 - 8 Cross R in front of L, stepping back on L, turn ½ Step R forward, Step L beside R*** at 5 wall

tag ***

TAG after 5. Wall (3:00) - 4 count tag: Applejacks (or optional - do 2 heel splits)

1 - 4 Move Left Toe And Right Heel To The Left, Move Them Back To Center, Move Right Toe

And Left Heel To The Right, Move Them Back To Center (weight on L)

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