

# I Forgot To Remember To Forget (Chair Dance)

**COPPER**KNOB  
STEPSHEETS

**Count:** 32

**Wall:** 1

**Level:** Beginner Chair Dance

**Choreographer:** Georgie Mygrant (USA) - April 2022

**Music:** I Forgot to Remember to Forget - John Prine & Mac Wiseman



**Intro:** 16

**Tap R toe Fwd. 2x then to R side and back to center, Same on L**

1-8 Tap R fwd. 2x, Tap to R side, Step back to center, Tap L fwd. 2x, Tap L to L side, Step on L next R

**March R/L/R, Lift L Knee, Lift R knee, Lift L knee, Repeat on L**

1-8 March in place R/L/R, Lift L knee, Lift R knee. Lift L knee

1-8 March in place L/R/L, Lift R knee, Lift L, Lift R knee

**Step R to R side, Step L to L side**

1-4 Step R to R side, touch L to R, Step L to L side, Step R to L

5-8 Step L to L side, Touch R to L, Step R to R side, Step L to R

**That's it! Line dancing from your chair! Make sure that you're always sitting up straight, and try not to slouch! It's easier to move the legs if you're sitting on the front half of the chair. You can hold on to the sides of the chair if you like for balance, or you can do any kind of arm movement you like. Most line dancers tuck their thumbs into the waist of their britches!! This routine is how you can Sit & Get Fit! If you have any problems, please contact me. [mygeo@adamswells.com](mailto:mygeo@adamswells.com) Please don't alter routine without my permission. Thank you**