

# AB Roll Up

**Count:** 32

**Wall:** 2

**Level:** Absolute Beginner

**Choreographer:** John Sandham (ES) - April 2022

**Music:** Penny Arcade - Black Lace



**Start on Vocals "the Lights"**

**Walk Fwd. Rt-Lt-Rt-Kick Lt Back Lt-RT-Lt-Touch RT**

1-4 Walk Fwd. on Rt. Lt. Rt. Kick Lt Fwd.

5-8 Walk back on Lt-Rt-Lt-touch Rt next to Lt.

**Chasse Rt Touch Lt Chasse Lt Touch Rt.**

1-4 Step Rt to side-Slide Lt up to Rt-step Rt to side- Touch Lt next to Rt.

5-8 Step Lt to side-Slide Rt up to Lt-Step Lt to side.-Touch Rt next to Lt.

**Rt Heel Fwd.-Tog-Lt heel Fwd.-Tog-Rt Heel Fwd.-Tog-Lt heel Fwd. Tog.**

1-4 Rt Heel tap Fwd.-Rt foot Bk in place-Lt Heel tap Fwd.-Lt heel Bk in place.

5-8 Repeat 1-4 above tap heels

**Walk around ½ turn to Rt on Heel Struts Rt-Lt-Rt-Lt.**

1-8 Heel Struts Rt-Lt-RT-Lt (making a ½ turn to the Rt to face 6 o'clock)

**Note! The Heel Strut is lead with your heel on the first count then bring your whole foot to the floor on count 2**

**Start over! From the top**

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