

Bad Habits

Count: 32

Wall: 4

Level: Improver

Choreographer: Lynne Hoover (USA) - May 2022

Music: Bad Habits - Ed Sheeran



Intro: 40 counts, start on the word "late" when heavy beat kicks in

TAG: End of wall 5 facing 3:00 - 4 count Right Jazz Box

HEEL HOOK, ½ L TURNING SHUFFLE, HEEL HOOK, ½ R TURNING SHUFFLE

- 1-2 Touch R heel fwd, then up and over in front of left leg
- 3&4 Shuffle RLR making ½ turn to left (or side shuffle RLR)
- 5-6 Touch L heel fwd, then up and over in front of right leg
- 7&8 Shuffle LRL making ½ to right (or side shuffle LRL)

SIDE STEP, TOUCH-CLAP, ½ TURN RIGHT w/TOUCH-CLAP, REPEAT

- 1-2 Step out to right, left foot touch and clap
- 3-4 Pivot on R foot and make ½ turn to right, step on left, R foot touch and clap
- 5-6 Step out to right, left foot touch and clap
- 7-8 Pivot on R foot and make ½ turn to right, step on left, R foot touch and clap

ROCK FWD, ¼ TURN R SHUFFLE, ROCK FWD, ½ TURN L SHUFFLE

- 1-2 R foot steps forward, recover on to L
- 3&4 Shuffle RLR making ¼ turn right
- 5-6 L foot steps forward, recover on to R
- 7&8 Shuffle LRL making ½ turn left

SHUFFLE BACK, TURNING ½ L SHUFFLE, STEP TOUCH/CLAP, STEP TOUCH/CLAP

- 1&2 Shuffle back RLR
- 3&4 Shuffle LRL making ½ turn left
- 5-6 Step diagonally forward on R, left foot touch and clap
- 7-8 Step diagonally back on L, right foot touch and clap

REPEAT
