Best Bad Friend

Level: High Improver

Choreographer: Sonny V. (DE) - May 2022

Music: Best Bad Friend - Michael Patrick Kelly & Rea Garvey

Intro: 16 counts, start with lyrics

Count: 32

*2 RESTARTS after 16 cts.

[1-8] Kick & Point, Kick & Point, Cross, Back, Shuffle 1/2 Turn Right

- RF kick fwrd. RF slightly fwrd LF point left 1&2
- 3&4 LF kick fwrd. – LF slightly fwrd. – RF point right
- 5-6 RF cross LF – LF back
- RF ¼ turn right (3:00) LF next to RF RF ¼ turn right (6:00) 7&8

[9-16] Swivel ½ Turn Right, Coaster Step, Walk, ¼ Turn Left, Sailor Step

- LF fwrd. bring R heel in turning ¼ right (weight change to RF) (9:00) bring L heel out 1&2 turning 1/4 further right (weight change to LF with R toes lifting up (12:00)
- 3&4 RF back – LF next to RF – RF fwrd.
- 5-6 LF walk fwrd. - 1/4 turn left step on RF (9:00)
- LF behind RF RF out right LF out left 7&8
- *RESTART the dance here in wall 3 (3:00) and wall 6 (6:00)

[17-24] (Cross & Cross & Cross, Out Close) x2

- 1&2& RF cross LF – LF slightly left – RF cross LF – LF slightly left
- RF cross LF LF out to left side RF close to LF 3&4
- 5&6& LF cross RF - RF slightly right - LF cross RF - RF slightly right
- 7&8 LF cross RF - RF out to right side - LF close to RF

[25-32] Behind Side Cross, Left, Full Turn Right, JUMP BACK (arm move), HOLD, Coaster Step

- 1&2 RF behind LF – LF left – RF cross over LF
- 3&4 LF left – $\frac{1}{2}$ turn right step on RF (3:00) – $\frac{1}{2}$ turn further right step on LF (9:00)
- 5-6 jump back on RF lifting LF up (fold arms in front of your body) – HOLD this position
- 7&8 LF back – RF close next to LF – LF fwrd.

Start again and have fun!

Your feedback is welcome on this channel or just mail to s.vocke@gmx.net or dancing-unicorn@gmx.net

Last Update: 31 May 2022





Wall: 4