

Vat My Vas (抓住我)

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Alex Au (HK) - June 2022

Music: Vat My Vas - Die Campbells



Introduction : 16 counts

S1. VINE TO RIGHT, FLICK L AND SLAP, STEP ON R, FLICK R AND SLAP, R CROSS L SIDE

- 1-2 Step R to side, step L behind R
- 3-4 Step R to side, L flick to left (slap L with left hand)
- 5-6 Step L to side, flick R to right (slap R with right hand)
- 7-8 Step R over L, step L to side

S2. R STEP BACK L CLOSE, R L FORWARD, STEP SIDE AND HIP BOMB

- 1-2 Turning $\frac{1}{4}$ right step R back, step L close to R
- 3-4 Step R forward, step L forward
- 5-6 Turning $\frac{1}{4}$ left step R to side, hold
- 7-8 Hip bomb to left, hip bomb to right

S3. STOMP L, POINT R FORWARD AND BACK, KICK-BALL-CHANGE, HALF PIVOT TURN L

- 1-2 Turning $\frac{1}{4}$ left stomp on L and flick R back, hold
- 3-4 Point R forward, point R back
- 5&6 Kick R forward, step R in place, step L in place
- 7-8 Step R forward, turning $\frac{1}{2}$ left step L forward

S4. JAZZ BOX, STOMP ON R, CROSS SHUFFLE

- 1-2 Step R over L, step L back
- 3-4 Step R to side, step L over R
- 5-6 Stomp on R to side, hold
- 7&8 Step L over R, step R to side, step L over R

REPEAT THE DANCE

At wall 11, do count 1 to 10 and the following 3-count ending :

- 1-2-3 Step R forward, turning $\frac{1}{4}$ right step L side facing 12:00, stamp forward on R