You Know I Am

Count: 32

Level: Intermediate

Choreographer: Mark Furnell (UK) & Chris Godden (UK) - May 2022

Music: I.M - Michael Ben David

Intro: 16 Counts, Start at approx 28 secs Note: Start with head down

Intro At about 9 Seconds - On the beat after the vocals

"Keep Your Head Up" - Lift Head

"Keep Your Head Up" - Cross right over left

- Arms: Punch both arms to right

"Keep Your Head Up" - Cross left over right, unwind full turn right

- Arms: Punch both arms to left

"Remember Who" - Rock right to right

"You Are" - Recover weight onto left dragging right beside left

Keeping weight on left finger clicks with music on even counts

Main Dance

SEC 1 Syncopated Vine, Point, Hold, Ball Cross, Hold, 1/2 Unwind

- 1-2& Step right to right, step left behind right, step right to right
- 3-4 Point left to left, hold
- &5-6 Step left beside right, cross right over left, hold
- 7-8 Unwind ¹/₂ turn left over 2 counts transferring weight onto left (6:00)

SEC 2 Back, Touch, Back, Touch, Out Out, Arm Wave

- 1-2 Step right back, touch left forward
- 3-4 Step left back, touch right forward
- &5 Step right to right, step left to left

Arms 5) Cross arms at shoulder height left arm on top of right

6-7-8 Hold for 3 counts

Arms

7) Drop left elbow raise right elbow

(&) Lift left elbow dropping right

8) Level elbows pulling both arms left

SEC 3 Cross, Hold, Back, Side Shuffle, Samba Step, Step

- 1-2 Cross right over left, hold
- 3 Step left back
- 4&5 Step right to right, step left beside right, step right to right
- 6&7 Cross left over right, rock right to right, recover weight onto left
- 8 Step right forward

SEC 4 Slow Prissy Walk, Slow Prissy Walk, Prissy Walk x3, Touch

1-2 Cross left over right, hold

Arms Punch both arms to left

3-4 Cross right over left, hold

Arms Punch both arms to right

- 5-6 Cross left over right, cross right over left
- 7-8 Cross left over right, touch right beside left

Tag 1 At the end of Wall 3

1-4 Roll hip clockwise from right to left over 4 counts





Wall: 2

- Tag 2 At the end of Wall 71-4Roll hip clockwise from right to left over 4 counts
- Hold for 8 counts 1-8