

# Joy of My Life (aka Joyful Stomp)

**COPPER**KNOB  
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Susan Trace (USA) - July 2022

Music: Joy of My Life - Chris Stapleton



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## Toe, Heel Stomp, Toe, Heel, Stomp, Stomp

123 -4- R Toe, heel, stomp, hold

5678 - L Toe, heel, stomp, stomp

## Mambo, Stomp, Stomp, Rock Step, Stomp

1234- R side mambo, recover, stomp, stomp

567 -8- Rock step R back kick L , stomp, hold

## Weave Right, Stomp, Stomp

1234- Side step R to right, L behind, R to right, L in front,

5678- R rock side, recover, and R stomp, stomp

## Shuffle Turn, Rock Step Stomp

123 -4- L shuffle back 1/4 turn R, Hold

567 -8- rock r back kick Left, stomp, hold

Last Update - 2 Aug. 2022

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