It's a Good Thing



Count: 32 Wall: 2 Level: Beginner

Choreographer: Sandy Carty Hodges (USA) - July 2022

Music: It's a Good Thing - Eric Dodge



(Dedicated to my Brio class)

INTRO: 24 (slow count) No tags/No restarts

SECTION ONE: RIGHT ROCK RECOVER LEFT, CROSS, LEFT ROCK RECOVER RIGHT, CROSS, ROCKING CHAIR, RIGHT ROCK RECOVER LEFT, STEP TOGETHER.

Rock to the right, on right foot, recover on left foot, cross right over left.
Rock to the left, on left foot, recover on right foot, cross left over right.
Rock forward on right, back on left, back on right, forward on left.
Rock to the right, on right foot, recover on left, step right next to left.

SECTION TWO: ROCK LEFT RECOVER RIGHT, CROSS, RIGHT ROCK RECOVER LEFT, CROSS, ROCKING CHAIR, LEFT ROCK RECOVER RIGHT, STEP TOGETHER.

Rock to the left, on left foot, recover on right foot, cross left over right.

Rock to the right on right foot, recover on left, cross right over left,

Rock forward on left, back on right, back on left, forward on right

Rock to the left, on left foot, recover on right, step left next to right.

SECTION THREE: SUGAR FOOT RIGHT AND LEFT, COASTER RIGHT, ROCK RECOVER ½ TURN RIGHT

Touch right toe next to left foot, scuff left heel, stomp right foot, 3&4

Touch left toe next to right foot, scuff left heel, stomp left foot.

Step back on right, step back on left, step forward on right.

7&8 Rock forward on left, recover on right while making ½ turn to the right, step on left.

SECTION FOUR: TOE SWITCHES RIGHT AND LEFT, HEEL SWITCHES FORWARD AND BACK, WALK, WALK, KICK BALL CHANGE.

1&2& Touch right toe to right side and together, touch left toe to left side and together.

3&4& Touch right heel out and back, touch left toe out and back,

5,6 Walk right, walk left,

7&8 Kick out right foot, step on ball of right foot, step on left foot.

E.O.D: Start dance again, have a great time and smile. (EMAIL: SANDYUTAH82@GMAIL.COM)

Last Update: 28 Feb 2023