Can't Keep Up (P)



Count: 64 Wall: 0 Level: Improver Partner

Choreographer: France Bastien (CAN) & Serge Légaré (CAN) - August 2022

Music: Can't Keep Up - Brett Eldredge



Intro: 32 counts - Open promenade position L.O.D

[1-8] M&W: (Step, Scuff) x 2, Rock/Side, Recover, Step, Hold

1-2-3-4 M: LF In Front – brush right heel – RF In front – brush left heel

W: RF in front – brush left heel – LF in front – brush right heel

5-6-7-8 M: LF to left – return in RF – LF in front – Hold

W: RF to right - return in LF - RF in front - Hold

[9-16] M&W: (Step, Scuff) x 2, Rock/Step, Recover, ½ Turn, Hold

1-2-3-4 M: RF in front – brush left heel – LF in front – brush right heel

W: LF in front – brush right heel – RF in front– brush left heel

5-6-7-8 M: RF in front – return in LF – $\frac{1}{2}$ turn to right RF in front – hold

W: LF in front- return in RF - ½ turn to left LF in front - hold

Leave the woman's L hand and take the R hand

[17-24] M: Rock/Step, Recover, Step ¼ Turn L, Scuff, Step ¼ Turn L, Scuff, Step ¼ Turn L, Scuff [17-24] W: Rock/Step, Recover, Step ¼ Turn R, Scuff, Step ¼ Turn R, Scuff, Step ¼ Turn R, Scuff

1-2-3-4 M: LF in front – return in RF – ¼ turn to left LF in front – brush right heel

W: RF in front – return in LF – ¼ turn to right RF in front – brush left heel

5-6-7-8 M: ¼ turn to left RF in front – brush left heel – ¼ turn to left LF in front – brush right heel

W: ¼ turn to right LF in front – brush right heel – ¼ turn to right RF in front – brush left heel

Raise woman's right hand over head

[25-32] M&W: (Side, Touch) x 2, Scissors Cross, Hold

1-2-3-4 M: RF to right – touch LF next to the RF – LF to left – touch RF next to the LF

W: LF to left - touch RF next to the LF - RF to right - touch LF next to the RF

Take both hands of the woman

5-6-7-8 M: RF to right – LF next to the RF – RF cross in front – hold

W: LF to left - RF next to the LF - LF cross in front croisé - hold

[33-40] M&W: Scissors 1/4 Turn Step, Hold, Full Turn, Hold

1-2-3-4 M: LF to left – ¼ turn to right RF next to the LF – LF in front – hold

W: RF to right - 1/4 turn to left LF next to the RF - RF in front - hold

Leave woman's left hand

Tag: at this point here in the dance, replace the next counts with stomp, stomp, stomp, hold

5-6-7-8 M: ½ turn to left RF back – ½ turn to left LF in front – RF in front – hold

W: ½ turn to right LF back – ½ turn to right RF in front – LF in front – hold

Leave woman's hands

[41-48] M&W: Run Run, Hold, Step Lock Step, Hold

1-2-3-4 M: (Walk) x 3 – hold

W: (Walk) x 3 - hold

Take woman's right hand

5-6-7-8 M: RF in front – LF cross back (lock) – RF in front – hold

W: LF in front – RF cross back (lock) – LF in front – hold

[49-56] M: (Side, Touch) x 2, Step 1/4 Turn L, Scuff, Back 1/2 Turn L, Touch

[49-56] W: (Side, Touch clap) x 2, Back 1/4 Turn L, Touch (clap), Side, Touch (clap)

1-2-3-4 M: LF to left – touch RF to the side LF with movement of the head to the left – RF to right touch LF to the side RF with movement of the head to the right

W: RF to right – touch LF next to the RF (clap) – LF next to the RF (clap) – LF to left – touch RF next to the LF (clap)

Leave the woman's hand and take the woman's waist

5-6-7-8 M: $\frac{1}{4}$ turn to left LF in front – brush right heel – $\frac{1}{2}$ turn to left RF back – touch LF next to the RF

W: ¼ turn to left RF back – touch LF next to the RF (clap) – LF to left – touch RF next to the LF (clap)

[57-6]4 M&W: Side, Together, Side, Touch, Side, Together, Side, Hook With 1/4 Turn

1-2-3-4 M: LF to left – RF next to the LF – LF to left – touch RF next to the LF

W: RF to right – LF next to the RF – RF to right – touch LF next to the RF

5-6-7-8 M: RF to right – LF next to the RF – RF to right – $\frac{1}{4}$ turn to left with left leg hook in front of

right leg

Start over

Tag: Option to the 5th routine of the dance section 33-40 on counts 5-6-7-8 change the full turn By Stomp, Stomp, Stomp, Pause and continue the dance