My People



Count: 32 Wall: 4 Level: Beginner

Choreographer: Diana Oglesby (USA) - August 2022

Music: My Tribe - Blessing Offor



Intro: 8 Counts. This is a very quick start. The dance starts on the first bass note which is 2 counts before the vocals.

No Tags, No Restarts

S1 (1-8) ROCK R SIDE, RECOVER, R COASTER, ROCK L SIDE, RECOVER, L COASTER

1-2 Rock R side (1) recover to L (2)

3&4 Step R back (3), step L together (&), step R forward (4)

5-8 Rock L side (5), recover to R (6)

7&8 Step L back (7) step R together (&), step L forward (8)

S2 (9-16) Turn 1/8 R and ROCK R BACK, RECOVER, KICK R, R TOGETHER, CROSS L BEHIND and TURN 1/4 L, R SIDE, KICK L, L TOGETHER

1-4 Turn 1/8 R and rock R back (1:30) (1), recover to L (2), kick R forward (low kick) (3), step R

together (4)

5-8 Cross L behind and turn ¼ L (9:00) (5), step R side (6), kick L forward (low kick) (7), step L

together (8)

S3 (17-24) STEP-TOUCH R-L, 1/4 L PADDLE TURNS X2

1-4 Step R diagonally forward (1), touch L together (2), step L diagonally back (3), touch R

together (3)

5-8 Step R forward (5), turn ¼ L (shift weight to L) (6), step R forward (7), turn ¼ L (shift weight to

L (8) (3:00)

S4 (25-32) R FWD, R STOMP, L FWD, L STOMP, R FWD, L HEEL, L FWD, R HEEL

1-4 Step R forward (1), stomp R forward (light stomp) (2), step L forward (3), stomp L forward (4)

(light stomp)

5-8 Step R forward (bend knees) (5), touch L heel forward (straighten knees) (6), step L forward

(bend knees) (7), touch R heel forward (straighten knees) (8)

REPEAT

Ending with a step change: The dance ends at the end of wall 11. You will be facing 9:00. In order to end the dance facing the beginning wall, please do the following: In S4 – Step R forward (1), turn ¼ R and stomp R forward (2), step L forward (you are now facing 12:00), stomp L forward (4). Finish the last 4 counts as written.

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