

# Only Once in My Life

**COPPER** KNOB  
STEPSHEETS

Count: 32

Wall: 4

Level: Improver

Choreographer: W.L.D. (KOR) - August 2022

Music: Solamente una Vez - Natalie Cole



No tag, no restart

## Section 1 - Rumba box

- 1 2 step R to side, close L next to R
- 3&4 step R fwd, step L next to R, step R fwd
- 5 6 step L to side, close R next to L
- 7&8 step L back, step R next to L, step L back

## Section 2 - Back rock, 1/2 L, back shuffle, back rock, 1/2 R, back shuffle

- 1 2 rock R back, recover on L
- 3&4 1/4 turn L stepping R to side, step L next to R, 1/4 turn L stepping R back
- 5 6 rock L back, recover on R
- 7&8 1/4 turn R stepping L to side, step R next to L, 1/4 turn R stepping L back

## Section 3 - Side rock, behind, side, cross, side rock, cross, 1/2 L

- 1 2 rock R to side, recover on L
- 3&4 step R behind, step L to side, step R cross over L
- 5 6 rock L to side, recover on R
- 7&8 step L cross over R, 1/4 turn L stepping R back, 1/4 turn stepping L to side

## Section 4 - Cross rock, 1/4 sweep, cross, 1/2 L, touch

- 1 2 rock R cross over L, recover on L
  - 3 4 1/4 turn R stepping R fwd, sweep L from back to front
  - 5 6 step L cross over R, 1/4 turn L stepping R back
  - 7 8 1/4 turn L stepping L to side, touch R next to L
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