

No Body

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Vibeke B. Søgård (DK) - August 2022

Music: No Body - Blake Shelton : (Spotify)



*6 Tags and 0 Restart.

#16 count intro - Start feet together weight on L

Sec 1: V Step - Chasse R - Back Rock

- 1 - 2 Step R forward to R diagonal, Step L forward to L diagonal
- 3 - 4 Step R back to place, Step L back to place
- 5&6 Step R to R side, Step L next to R, Step R to R
- 7 - 8 Step L behind R, Recover weight on R

Sec 2: V Step - Chasse L - Back Rock

- 1 - 2 Step L forward to L diagonal, Step R forward to R diagonal
- 3 - 4 Step L back to place, Step R back to place
- 5&6 Step L to L side, Step R next to L, Step L to L
- 7 - 8 Step R behind L, Recover weight on L

Sec 3: Side Mambo - Jazz Box with ¼ turn

- 1&2 Step R to side, Recover on L, Close R together
- 3&4 Step L to side, Recover on R, Close L together
- 5 - 6 Step R across L, Step L back
- 7 - 8 Step R forward while turn ¼ R, Step L across R

Sec 4: Stomp X2, Brush down and up and Clap - Sailor step X2

- 1 - 2 Stomp R to R side, stomp L to L side
- 3&4 Swing both arms brushing the sides of your hips down and up, and clap hands
- 5&6 Step R behind L, Step L to side, Step R in place,
- 7&8 Step L behind R, Step R in place, Step L in place

TAG: Vaudeville & Rocking chair

- 1&2& Cross R over L, Step L to L side, R heel to R diagonal, Step R in place
- 3&4& Cross L over R, Step R to R side, L heel to L diagonal, Step L in place
- 5 - 8 Rock forward on R, recover on L, rock back on R, recover on L

Wall 1 after 32 count TAG

Wall 4 after 32 count TAG without Rocking chair

Wall 6 after 32 count 2 X TAG

Wall 8 after 32 count 2 X TAG

Have fun

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