Pulling Me



Count: 32 Wall: 4 Level: Improver

Choreographer: Jean-Pierre Madge (CH) & Grace David (KOR) - June 2022

Music: Dancing Around It - Coleman Hell



#16 Counts Intro, 1 TAG

| T1. | -8 | I : PRESS ROCK FWD-RECOVER | . BIG BACK STEP. | . DRAG-BALL | -STEP FWD 2X | .KICK. | OUT-OUT |
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1 2 Press RF Fwd on ball, Recover on LF

34& Big step RF back, Slowly Drag LF towards RF, Step LF next to RF on ball

5 6 Step RF Fwd, Step LF Fwd

7&8 Kick RF Fwd, Step RF on R side, Step LF on L side

[9-16]: BEND KNEE IN, ¼ TURN, ½ TURN, COASTER STEP, KICK, BIG FWD STEP, DRAG

Bend R knee in, Turn ¼ to R stepping RF Fwd, Turn ½ to R stepping LF back (9:00)

4&5 Step RF back, Step LF next to RF, Step RF Fwd

6& Kick LF Fwd, Step LF next to RF on ball

7 8 Big Step RF Fwd, Drag LF towards RF keeping weight on RF

[17-24]: HIP BUMPS, STEP FWD, 1/4 TURN WITH SWEEP, WEAVE STEP

1 2 Step LF Fwd as you bump L hip Fwd, Recover on RF as you bump R hip back

(Optional: Hip roll: Roll L hip Fwd, Roll Back)

3 4 Step RF LF Fwd, Turn ¼ to L sweeping RF from back to Front (6:00)

5 6 Cross RF over LF, Step LF on side7 8 Step RF behind LF, Step LF on side

[25-32]: CROSS-HITCH, CROSS-SIDE, 1/4 SAILOR STEP, 1/2 PIVOT TURN

1 2 Cross RF over LF, Hitch LF

3 4 Cross LF over RF, Step RF on side

5&6 Turn ¼ to L stepping LF back, Step RF next to LF, Step LF Fwd (3:00)

7 8 Step RF Fwd, Turn ½ to L stepping LF Fwd (9:00)

TAG: After 4th Wall facing 12:00

1234 ROCKING CHAIR

1234 Rock RF Fwd, Recover on LF, Rock RF Back, Recover on LF

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