## Akar (Aku Kangen Aku Rindu)

Count: 32 Wall: 4
Level: Improver
Choreographer: Conny Cleo (INA) - August 2022
Music: Aku Kangen Aku Rindu - Alexa Key


Restart : 3 x - (After wall 4, 6, 10)
INTRO DANCE - 16c
SEC 1 : STEP RF OVER LF - STEP LF TO SIDE - COASTER STEP (DIAGONAL) - STEP LF OVER RF STEP RF TO SIDE COASTER STEP (DIAGONAL)
1-2 Step RF over LF, Step LF to side
3 \& 4 Step RF back, Step LF beside RF, Step RF forward
5-6 Step LF over RF, Step RF to side
7 \& 8 Step LF back, Step RF beside LF, Step LF forward
SEC 2 : JAZZ BOX CROSS - DRAG - BASIC SAMBA
1234 Cross RF over LF, Step LF back, Step RF to R, Step LF over RF
5-6 Long step $R$ to $R$ side, Touch LF beside RF
7-8 Step LF in place, Step RF beside LF, Step LF in place
MAIN DANCE: 32c
SEC 1 : KICK BALL TOUCH SIDE - TWIST - SWIVELL - ANCHOR STEP
1 \& 2 Kick RF,Step RF in place, Touch LF to L
3 \& $4 \quad$ Twist both heel Left, Recover, Twist both heel Left
5 \& 6 Step RF back, Recover on LF, Recover on RF
7 \& 8 Step LF back, Recover on RF, Recover on LF
SEC 2 : CROSS MAMBO - BOTAFOGO - FORWARD MAMBO
1 \& 2 \& Rock cross RF over LF, Recover on LF, Step RF to R, Step LF in place
3 \& $4 \quad$ Cross RF over LF, Step ball LF to L, Step RF in place
5 \& $6 \quad$ Cross LF over RF, Step ball RF to R, Step LF in place
7 \& 8 Rock RF forward, Recover on LF, Step RF back
SEC 3 : FLICK - PRISSY WALK - OUT-OUT - TURN ½ - CROSS MAMBO
1 Bend your leg back
2 \& 3 Step RF forward slightly in front of LF, Step LF foward slightly in front of RF
\& 4 Step RF to R, Step LF to L
5-6 Step RF to Left $1 / 2$ turn, recover
7 \& $8 \quad$ Rock cross RF over LF, Recover on LF, Step RF to R
SEC 4 : HEEL - TAPS BEHIND - PONY STEP - HITCHES
1 \& $2 \quad$ Touch Left heel forward, step LF beside R, Touch Right heel forward
3-4 Step RF to R, Tap LF toes behind R
\& 5 Step LF to L, Touch RF beside LF
\& $6 \quad$ Step RF to R, Touch LF beside RF (1/4 Turn)
7 \& 8 Step LF to L, Tap RF toes behind Left, hitching left knee
ENJOY THE DANCE
For more info contact me : Connygisella72@gmail.com

