Count: 32
Wall: 0
Level: Novice Partner
Choreographer: Nancy Milot (CAN) \& Guy Dubé (CAN) - September 2022
Music: No Body - Blake Shelton

[9-16] M : 2 X (WALK BACK), SHUFFLE BACK, ROCK SIDE, RECOVER, TOGETHER, SIDE, TOUCH [9-16] L : 2 X (1/2TURN R), SHUFFLE FWD, ROCK SIDE, RECOVER, TOGETHER, SIDE, TOUCH 1-2 $\quad M$ : Walk back with RL $L: 1 / 2$ turn to right and step $L$ back, $1 / 2$ turn to right and step $R$ forward
*** On count 1, the man let go the lady's $R$ hand and raise her $L$ hand over her head.
*** On count 2, you are now in the Double Hand Hold position.
$3 \& 4 \quad M$ : Shuffle back with RLR
L : Shuffle forward with LRL
5-6 $\quad M$ : Rock $L$ to left side, recover on $R$
$L$ : Rock $R$ to right side, recover on $L$
\&7-8 $M$ : Step $L$ together $R$, step $R$ to right side, touch $L$ together $R$
$L$ : Step $R$ together $L$, step $L$ to left side, touch $R$ together $L$
[17-24] M : STEP FWD, SIDE TOUCH, CROSS-LOCK-STEP, $1 / 4$ TURN R, CROSS, CHASSÉ to L [17-24] L : STEP BACK, SIDE TOUCH, SHUFFLE BACK, $2 X$ (1/2TURN R), $1 / 4$ TURN R and CHASSÉ to $R$
1-2 $\quad M$ : Step $L$ forward, touch $R$ to right side
$L$ : Step $R$ back, touch $L$ to left side
$3 \& 4 \quad M$ : Cross step $R$ over $L$, lock step behind $R$, step $R$ forward
L : Shuffle back with LRL
5-6 $\quad M: 1 / 4$ turn to right and step $L$ to left side, cross step $R$ behind $L$
$L$ : $1 / 2$ turn to right and step $R$ forward, $1 / 2$ turn to right and step $L$ back
*** On count 5 , the man let go the lady's $R$ hand and raise her $L$ hand over her head.
7\&8 M : Chassé to $L$ with LRL
$\mathrm{L}: 1 / 4$ turn to right and chassé to right with RLR
*** On count 7, you are now in the Double Hand Hold position.
[25-32] M : WEAVE to L, $1 / 4$ TURN L STEP FWD, SHUFFLE FWD, STEP FWD, TOUCH
[25-32] L : WEAVE to R, $1 / 4$ TURN R, $1 / 2$ TURN R, SHUFFLE BACK, STEP BACK, TOUCH
1\&2 $\quad M$ : Cross step $R$ behind $L$, step $L$ to left side, cross step $R$ over $L$
$L$ : Cross step $L$ behind $R$, step $R$ to right side, cross step $L$ over $R$
3-4 $\quad M: 1 / 4$ turn to left and step $L$ forward, step $R$ forward
$L$ : $1 / 4$ turn to right side and step $R$ forward, $1 / 2$ turn to right and step $L$ back
*** On count 3, the man let go the lady's $L$ hand and raise her $R$ hand over her head.
*** On count 4, you are now in the Double Hand Hold position.

M : Shuffle forward with LRL
L : Shuffle back with RLR
7-8
M :Step R forward, touch $L$ together $R$
$L$ : Step L back, touch R together L
Tag 1: At the end of the first repetition, add these 8 counts :
[1-8] M : ROCKING CHAIR, STEP FWD, CROSS TOUCH BACK, COASTER STEP
[1-8] L : ROCKING CHAIR, STEP BACK, CROSS TOUCH OVER, COASTER STEP FWD
1-2 $\quad M$ : Rock step $L$ forward, recover on $R$
L : Rock R back, recover on L
3-4 M : Rock L back, recover on $R$
$L$ : Rock step $R$ forward, recover on $L$
5-6 $\quad M$ : Step $L$ forward, cross touch $R$ behind $L$
$L$ : Step $R$ back, cross touch $L$ over $R$
7\&8 M : Step R back, step $L$ together $R$, step $R$ forward
$L$ : Step $L$ forward, step $R$ together $L$, step $L$ back

Tag 2 : At the end of the 4th repetition, do only the first 4 counts from tag 1 (Rocking Chair).
RESTART : At the 7th repetition, do the first 16 counts of the dance and restart from the beginning.
ENJOY AND HAVE FUN !
NANCY \& GUY
Last Update: 25 Oct 2022

