

Take These Chains From My Heart

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Kathy Kearey (AUS) - October 2021

Music: Take These Chains from My Heart - Lee Roy Parnell



Start: After 32 count intro

VINE RIGHT WITH HITCH, STEP BACK HITCH x2

- 1-2 Step R to side, step L behind R
- 3-4 Step R to side, lift L knee
- 5-6 Step L back, lift R knee
- 7-8 Step R back, lift L knee

STEP TOE RECOVER HITCH, STEP LOCK STEP SCUFF

- 9-10 Step L forward, tap R toe behind L
- 11-12 Recover onto R, lift L knee
- 13-14 Step L forward, lock R behind L
- 15-16 Step L forward, scuff R forward

STEP ½ TURN STEP HOLD, STEP ¼ TURN CROSS HOLD

- 17-18 Step R forward, turn ½ to left
- 19-20 Step R forward, hold
- 21-22 Step L forward, turn ¼ to right
- 23-24 Cross L over R, hold

¼ MONTEREY TURNS x2

- 25-26 Point R to side, turn ¼ to right bringing R in next to L
- 27-28 Point L to side, step L next to R
- 29-32 Repeat 25-28

REPEAT

Last Update: 28 Sep 2023
