

# Sing Me a Lullaby

Count: 32

Wall: 0

Level: Partner dance – Improver

Choreographer: Suzanne Laverdière (CAN), Marc Laliberté (CAN), France Bastien (CAN) & Serge Légaré (CAN) - September 2022

Music: Sing Me a Lullaby (feat. Linda Varg) - Ulf Nilsson



**Double Hand Hold position men face à O.L.O.D. and women face à I.L.O.D.**

**The steps of the man and the woman are of opposite type**

**Intro 16 counts**

**[1-8] M: Rock Side, Rock Back, Rock Side ¼ Turn L, Step, Rocking Chair, Shuffle Fwd**

**[1-8] W: Rock Side, Rock Back, Rock Side ¼ Turn R, Step, Rocking Chair, Shuffle Fwd**

1&2& M: RF to right – return on LF – RF behind – return on LF

W: LF to left – return on RF – LF behind – return on LF

3&4 M: RF to right – ¼ turn to left – RF in front

W: LF to left – ¼ turn to right – LF in front

**Right Open Promenade position face à L.O.D.**

5&6& M: LF in front – return on RF – LF behind – return on RF

W: RF in front – return on LF – RF behind – return on LF

7&8 M: Shuffle fwd LF, RF, LF

W: Shuffle fwd RF, LF, RF

**[9-16] M: Rock Step, Coaster Step, Step, Pivot ¼ Turn R and Back, Coaster Step**

**[9-16] W: ¼ Turn R, ¼ Turn R, Coaster Step, Step, Pivot ¼ Turn R and Back, Coaster Step**

1-2 M: RF in front – return on LF

W: ¼ turn to right LF to left – ¼ turn to right RF behind

**Raise hand contact, woman goes under man's right arm and under his left arm Double Hand Hold position, man facing L.O.D. and the woman facing R.L.O.D**

3&4 M: RF behind – LF next to the RF – RF in front

W: LF behind – RF next to the LF – LF in front

5-6 M: LF in front - swing LF ¼ turn to right RF behind

W: RF in front – swing RF ¼ turn to left LF behind

**Raise cross-shaped hand contacts while rotating**

**Double Hand Hold position, man facing O.L.O.D. and the woman facing I.L.O.D.**

7&8 M: LF behind – RF next to the LF – LF in front

W: RF behind – LF next to the RF – RF in front

**Restart: here**

**[17-24] M: Shuffle Side, ½ Turn Shuffle, ¼ Turn R Step Touch Step Touch, Step Lock Step**

**[17-24] W: Shuffle Side, ½ Turn Shuffle, ¼ Turn L Step Touch Step Touch, Step Lock Step**

1&2 M : Shuffle side RF, LF, RF

W : Shuffle side LF, RF, LF

**The man facing O.L.O.D and the woman I.L.O.D**

3&4 M: ¼ to right LF to left – RF next to the LF - ¼ turn to right LF behind

F: ¼ turn to left RF to right – LF next to the RF - ¼ turn to left RF behind

**Keeping only the partner's left hand goes over the woman's head to the man's face**

**I.L.O.D the woman face O.L.O.**

5&6& M: 3/8 turn to right RF in front diag right – touch LF next to the RF- LF in front diag left Touch  
RF next to the LF

W: 3/8 turn to left LF in front diag left – touch RF next to the LF- RF in front diag right Touch  
LF next to the RF

**Drop partner's left hand, take partner's right hand L.O.D walk open position**

7&8 M: RF in front – LF cross behind (lock) – RF in front

W: LF in front – RF cross behind (lock) – LF in front

**[25-32] M: Side, Back ¼ Turn R, Coaster Step, Rock Side, Behind Side Touch**

**[25-32] W: Back ¼ Turn L, Back, Coaster Step, Rock Side, Behind Side Touch**

1-2 M : LF to left – ¼ turn RF behind

W : ¼ turn to left RF behind derrière – LF behind

**Pass L hand over the woman's head take both hands, double and hold man O.L.O.D woman I.L.O.**

3&4 M : LF behind PG – RF next to the LF – LF in front

W : RF behind – LF next to the RF – RF in front

5-6 M : RF to right – return on LF

W : LF to left – return on RF

7&8 M : RF cross behind – LF to left – touch RF next to the LF

W : LF cross behind – RF to right – touch LF next to the RF

**Start over**

**Reprises: On the 5th and 8th routine of the dance, do the first 16 counts, then start the dance again from the beginning.**

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