The Hurtin' Side

Level: Beginner / Improver

Choreographer: Derek Robinson (UK) - September 2022

Music: The Hurtin' Side - Mike Reid

Thanks to my wife Audrey for suggesting the music

#32 Count Intro One restart

Count: 32

Sec 1: FORWARD RIGHT, SCUFF, LEFT, SCUFF, FORWARD ROCK, SIDE ROCK

- Step forward on right, scuff left forward 1-4
- 3-4 Step forward left, scuff right forward
- 5-6 Rock forward on right, recover onto left
- 7-8 Rock right to right side, recover onto left
- (Restart here on wall 5 facing 12.00)

Sec 2: RIGHT & LEFT TOE STEPS BACK, SIDE ROCK, CROSS

- 1-4 Step back on right toe, drop heel
- 3-4 Step back on left toe, drop heel
- 5-6 Rock to right side on right, recover onto left
- 7-8 Cross right over left, hold

Sec 3: TOUCH, TOGETHER, TOUCH, ¼ TURN, SIDE ROCK, CROSS, HOLD

- 1-2 Touch left toe to left side, step left beside right
- 3-4 Touch right toe to right side, turn 1/4 right stepping right beside left (3.00)
- 5-6 Rock left to left side, recover onto right
- 7-8 Cross left over right, hold

Sec 4: SIDE, BEHIND, SIDE, CROSS, SIDE ROCK, BEHIND, SIDE

- 1-2 Step right to right side, cross left behind right
- 3-4 Step right to right side, cross left over right
- 5-6 Rock right to right side, recover onto left
- 7-8 Cross right behind left, step left to left side

Begin again.





Wall: 4