

# Natural

Count: 32

Wall: 4

Level: Beginner

Choreographer: Stephanie Dawn Tippie (USA) & Muddy Boots Line Dancing (USA) - September 2022

Music: Natural - BRELAND



Dance starts 32 counts from the start of the song  
no tags or restarts.

\*\*\*when the song stops just keep dancing there is almost a min left in the song\*\*\*

## Section 1: R heel hook, R forward shuffle, L heel hook, L forward shuffle

- 1, 2 Tap R heel forward, Bring R heel to L shin
- 3&4 Step R forward, Step L next to R, Step R forward
- 5,6 Tap L heel forward, Bring L heel to R shin
- 7&8 Step L forward, Step R next to L, Step L forward

## Section 2: R step, ½ pivot, R&L forward shuffle, R rock recover with Hip sway

- 1,2 Step R forward, ½ pivot L putting weight on L (6:00)
- 3&4 Step R forward, Step L next to R, Step R forward
- 5&6 Step L forward, Step R next to L, Step L forward
- 7,8 Step R forward as you push R hip over R, Recover on L as you push hip back

## Section 3: ¼ Turn step, hip sway/shakes, R Lindy step

- 1,2 ¼ turn R stepping R to R side and sway hips R, Sway hips L(9:00)
- 3,4 sway hips R, Sway hips L
- 5&6 Step R to R side, Step L next to R, Step R to R side
- 7,8 Step L back slightly behind R, Recover on R

## Section 4: Lindy ¼ turn, ¼ Jazz box

- 1&2 Step L to L side, Step R next to L, Step L to L side
- 3,4 ¼ turn R stepping R back, Recover weight on L (12:00)
- 5,6 Cross R over L, Step L back
- 7,8 ¼ turn R stepping R to R side, Step L forward (3:00)

Then start again!! Enjoy ☐

\*\*\*\*keep dancing thru the song break it picks right back up!!\*\*\*\*