# So Lovely Music

Level: High improver

Choreographer: Marie-Odile Jélinek (FR) - July 2022

Music: Frames - Lee DeWyze

AWARDS 2021 FFLCD No Tag – Only 1 Restart at 2nd wall at the end of the 6th section

Final of 4 counts at 12H.

**Count:** 64

Dance starts after 32 Intro counts at the lyrics «My heart is getting...»

# [1 to 8] WALK-WALK- (HEEL) OUT- (HEEL) OUT, BEHIND SIDE CROSS,

- SIDE ROCK STEP RECOVER
- 1-2 Walk RF fwd. Walk LF fwd - 12H
- 3-4 Pose (Heel) RF in diagonal R, Pose (Heel) LF in diagonal L (Option : Heel or Pose RF or L)
- Cross RF behind LF, Step LF to the L, Cross RF in front of LF 5&6
- 7-8 Step LF to the L, gather on RF

## [9 to 16] L BEHIND- R STEP ¼ TURN SIDE- L TRIPLE FWD- R STEP TURN

- 1/2 Pivot- R TRIPLE TURN 1/2
- 1-2 Cross LF behind RF, 1/4 Turn to the R with RF fwd - 3H
- 3&4 Triple Step LF (L-R-L)
- 5-6 RF fwd, pivot 1/2 Turn to the Left
- 7&8 Triple Step RF before Pivot <sup>1</sup>/<sub>2</sub> Turn to the L (R-L-R)

## [17 to 24] L ROCK BACK RECOVER, L KICK AND POINT R, R KICK BALL

- CHANGE L ROCK BACK RECOVER
- 1-2 Rock LF behind, gather RF - 3H
- 3&4 Kick Ball LF : Kick LF fwd, Gather LF next to RF, Point RF to the R
- 5&6 Kick Ball RF : Kick RF fwd, Gather RF next to LF, Point LF next to RF
- 7-8 Rock LF back, gather on RF

## [25 to 32] STEP LEFT ¼- CROSS TRIPLE LEFT-R ROCK SIDE RECOVER-

- **CROSS TRIPLE RIGHT**
- 1-2 LF fwd, pivot 1/4 turn to the R - 6H
- 3&4 Cross LF in front of RF, RF to the R, Cross LF in front of RF
- 5-6 Rock RF lateral gather on LF
- 7&8 Cross RF in front of LF, LF to the L, Cross RF in front of LF

## [33 to 40] SWAY x 2- BEHIND SIDE CROSS- SWAY x 2- BEHIND SIDE CROSS

- Step LF L side...Sway L then Sway R 6H 1-2
- 3&4 Cross LF behind RF, RF to the R, Cross LF in front of RF
- 5-6 Step RF R side...Sway R then Sway L
- Cross RF behind LF, LF to the L, Cross RF in front of LF 7&8

## [41 to 48] L STEP TURN 1/2 Pivot- TRIPLE TURN 1/2- R ROCK BACK

- **RECOVER- R KICK BALL CHANGE**
- 1-2 LF fwd, 1/2 Turn to the R - 6H
- 3&4 Triple Step LF before Pivot <sup>1</sup>/<sub>2</sub> Turn to the R (L-R-L)
- 5-6 Rock RF back, gather on LF
- 7&8 Kick Ball RF : Kick RF fwd, Gather RF next to LF, LF slightly up, (BW on





Wall: 2

LF)

#### Here : restart at 2nd wall after section N°6 : 41 to 48 (Resume dance at start of 12h)

#### [49 to 56] SWAY x 2- BEHIND SIDE CROSS- SWAY x 2- BEHIND SIDE CROSS

- 1-2 Step RF R side...Sway R then Sway L 6H
- 3&4 Cross RF behind LF, LF to the L, Cross RF in front of LF
- 5-6 Step LF L side...Sway L then Sway R
- 7&8 Cross LF behindRF, RF to the R, Cross LF in front of RF

#### [57 to 64] R STEP TURN 1/2 Pivot- TRIPLE TURN 1/2- L ROCK BACK

- RECOVER- L KICK BALL CHANGE
- 1-2 RF fwd, <sup>1</sup>/<sub>2</sub> Turn to the L 6H
- 3&4 Triple Step RF before Pivot ½ Turn to the L (R-L-R)
- 5-6 Rock LF behind, gather on RF
- 7&8 Kick Ball LF : Kick LF fwd, Gather LF next to RF, Point RF next to LF

# \*1st Wall : in full – 2nd wall, here : interpret the choreography until the end of section N°6 : 41 to 48 (Restart : resume the dance at the start of 12H)

#### Ending - Final resume 4th section at :

- 25 26 frpù STEP LEFT ¼ : 1-2 LF fwd, pivot 1/4 turn to the right
- 27 28 in BEHIND SIDE CROSS : 3&4 Cross LF behind RF, RF to the R, Cross LF in front of RF (Hat Salute)

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