

# Strong in Life

**COPPER KNOB**  
STEPSHEETS

**Count:** 68

**Wall:** 4

**Level:** Low Advanced

**Choreographer:** Francesca Fazio (IT) & Giuseppe Scaccianoce (IT) - September 2022

**Music:** Redneck Life - Chris Janson



**Start on vocals**

## **GRAPEVINE – GRAPEVINE**

- 1 2 Step RF to side, Cross LF behind RF
- 3 4 Step RF to side, Touch LF on place
- 5 6 Step LF to side, Cross RF behind LF
- 7 8 Step LF to side, Touch RF on place

## **JAZZBOX – SLIDE – BUMP X 2**

- 1 2 Cross RF over LF, Step LF back
- 3 4 Step RF to side, Cross LF over RF
- 5 6 Step RF on diagonal forward, Touch LF on place
- 7 8 Hip bumps (Finish weight on the right)

## **GRAPEVINE – GRAPEVINE**

- 1 2 Step LF to side, Cross RF behind LF
- 3 4 Step LF to side, Touch RF on place
- 5 6 Step RF to side, Cross LF behind RF
- 7 8 Step RF to side, Touch LF on place

## **STEP TURN X 2 – STEP FLICK - STEP HITCH**

- 1 2 Step RF forward, Turn  $\frac{1}{2}$  to left
- 3 4 Step LF forward, Turn  $\frac{1}{2}$  to right
- 5 6 Step LF forward, Flick RF
- 7 8 Step RF on place, Hitch LF

## **STEP LOCK - STEP SCAFF - ROCKIN CHAIR**

- 1 2 Step LF forward, Lock RF cross to LF
- 3 4 Step LF forward, Scaff RF
- 5 6 Rock RF forward, Recover to LF
- 7 8 Rock RF back, Recover to LF

## **JAZZBOX TURN $\frac{1}{4}$ X 2**

- 1 2 Cross RF over LF, Turn  $\frac{1}{4}$  LF back
- 3 4 Turn  $\frac{1}{4}$  RF to side, Step LF forward
- 5 6 Cross RF over LF, Turn  $\frac{1}{4}$  LF back
- 7 8 Turn  $\frac{1}{4}$  RF to side, Step LF on place

## **TOUCH SIDE – POINT – TOUCH SIDE – STEP FLICK – STEP LOCK – STEP - SCUFF**

- 1 2 Touch RF to side, Point RF on place
- 3 4 Touch RF to side, Flick RF
- 5 6 Step RF forward, Lock LF cross to RF
- 7 8 Step RF forward, Scaff LF

## **STEP LOCK – STEP SCUFF – JAZZBOX TURN $\frac{1}{4}$**

- 1 2 Step LF forward, Lock RF cross to LF
- 3 4 Step LF forward, Scaff RF

5 6            Cross RF over LF, Turn ¼ LF back  
7 8            Turn ¼ RF to side, Touch LF on place

**OUT OUT – IN IN**

1 2            Out RF, Out LF  
3 4            In RF, In LF

**TAG: 4 Counts after 4 Wall**

1 2            Out RF, Out LF  
3 4            In RF, In LF

**HAVE A NICE DANCE..!!!!!!**

---