

Mixed Up World

Count: 32

Wall: 4

Level: Improver

Choreographer: Daniel Exton (UK) - October 2022

Music: Mixed Up World - Sophie Ellis-Bextor



S1 Shuffle, Rock, Recover, Coaster Step, Step, 1/2 Turn

- 1 & 2 Right foot forward, Left foot behind Right, Right foot forward
- 3, 4 Rock forward on Left foot, Recover onto Right
- 5 & 6 Left foot back, right foot back, Left foot forward
- 7, 8 Right foot forward, 1/2 turn Left

S2 Walk, Walk, Jump, Clap, Walk, Walk, Jump, Clap

- 1, 2 Right foot forward, Left foot forward
- 3, 4 Jump diagonally forward right, clap hands
- 5, 6 Right foot forward, Left foot forward
- 7, 8 Jump diagonally forward Left, Clap hands

S3 Side, Touch, Chasse, Rock, 1/4 Turn, Kick Ball Change

- 1, 2 Right foot to Right side, Left foot next to Right
- 3 & 4 Left foot to Left side, Right foot next to Left, Left foot to Left side
- 5, 6 Rock Right foot behind Left, Recover onto Left whilst doing a 1/4 turn Right
- 7 & 8 Kick Right foot forward, Place Right foot down, Place Left foot down

S4 Jazzbox, Charleston Step

- 1, 2 Cross Right over Left, Left foot backwards
- 3, 4 Right foot to Right side, Left foot next to Right
- 5, 6 Right foot forward, Kick Left foot forward
- 7, 8 Place Left foot down, Touch Right toe back

*** Restarts:-**

Wall 4 after 8 Counts

Wall 8 after 16 Counts
