New Style MAMBO No. 5



Count: 32 Wall: 4 Level: Improver

Choreographer: Abadi Haria (INA) & Katarina Sherrina (INA) - October 2022

Music: Mambo No. 5 (a Little Bit of...) - Lou Bega



No Tag & 3Restart (W2 -16C, W5 - 24C, W8 - 12C)

S1. KICK - CHASSE (RIGHT/LEFT)

1-2 Turn 1/8L. Kick RF forward, Kick RF backward

3&4. Turn 1/8 R. Step RF to R, Close LF beside RF, Step RF to R

5-6. Turn 1/8 R. Kick LF forward, Kick LF Backward

7&8. Turn 1/6L. Step LF to L, Close RF beside LF, Step LF to L

S2. MAMBO

1&2. Rock RF forward, Recover onto LF, Close RF beside LF3&4. Rock LF Backward, Recover onto RF, Close LF beside RF

*RESTART HERE ON WALL 8

Rock RF to R, Recover onto LF, Close RF beside LFRock LF to L, Recover onto RF, Close LF beside R

*RESTART HERE ON WALL 2

S3. ROCK - SHIMMY, DIAGONAL CHASSE

1&2&. Rock RF forward diagonal R bending your knees and shaking shoulders

3&4&. Recover onto LF bending your knees and shaking shoulders 5&6. Turn 1/2R. Step RF to R, Close LF beside RF, Step RF to R 7&8. Turn 1/4L. Step LF to L, Close RF beside f, Step LF to L

*RESTART HERE ON WALL 5

S4. TOE STRUT, SWIVEL (RIGHT/LEFT)

1&2&. Turn 1/8R. Touch RF forward slightly, Drop RF heel, Touch LF forward, Drop LF heel 3&4&. Turn 1/4L. Touch RF forward slightly, Drop RF heel, Touch LF Forward, Drop LF heel

5&6. Swivel both heels to R, Swivel both toes to R, Swivel both heels to R7&8. Swivel both toes to L, Swivel both toes to L

ENJOY, HAPPY & HEALTHY

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