Long Live Cowgirls



Count: 48 Wall: 2 Level: Intermediate waltz

Choreographer: Terri Martin (USA) - September 2022

Music: Long Live Cowgirls - Ian Munsick & Cody Johnson



#24 count Intro - 1 Tag x2 - 1 Restart

(1-6) Twinkle L, Twinkle R

1-2-3 Cross L over R, Step R to R, Step L to L
4-5-6 Cross R over L, Step L to L, Step R to R

(7-12) Weave R, 1/4 Turn, Fwd, Pivot 1/2 R

1-2-3 Cross L over R, Step R to R, Cross L behind R

4-5-6 ¼ Turn R Stepping R fwd (3 O' Clock), Step Fwd on L, Pivot ½ Turn R weighted R (9 O'

Clock)

(13-18) Step, Lock, Step, Full Turn L, Fwd

1-2-3 Step Fwd on L, Lock R behind L, Step Fwd on L

4-5-6 Pivot ½ Turn L Stepping back on R, Pivot ½ Turn L Stepping Fwd on L, Step Fwd on R

(19-24) Fwd, Touch Behind, Raise, Back with Sweep x3

1-2-3 Step Fwd on L, Touch Ball of R behind L, Raise up on Both Feet

4-5-6 Step Back on R Sweeping L front to back, Step back on L Sweeping R, Step Back on R

Sweeping L

Note: There is a restart during Wall 3 after 21 counts with step/weight change

(25-30) Coaster Cross, 1/4 Turn L Waltz Basic Back

1-2-3 Step back on L, Step back R Next to L, Cross L over R

4-5-6 1/4 Turn L Stepping back on R, Step L next to R, Step R in place (6 O'Clock)

(31-36) 1/4 Turn L Waltz Basic Fwd, 1/4 Turn L Waltz Basic Back

(37-42) 1/4 Turn Waltz Basic Fwd, Coaster Step

1-2-3 1/4 Turn L Stepping Fwd on L, Step R next to L, Step L in place (9 O'Clock)

4-5-6 Step Back on R, Step L next to R, Step Fwd on R

(43-48) Fwd to Diagonal, Sweep, Press, Recover, Hook

1-2-3 Step L Fwd to 7:30 diagonal, Sweep R Fwd, Press R Fwd to diagonal (7:30)

4-5-6 Recover Back on L, Step Back on R, Hook L over R (Still facing 7:30)

Begin dance again squaring up to 6 O' Clock Wall

Tag: There is a 3 Count Tag at the end of wall 1 facing 6 O'Clock and wall 4 facing 12 O'Clock Tag 1-3

(1-3) Cross L over R (1), Step R to R (2), Hold with lean to R (3)

Restart During Wall 3 with Step Change Counts 19, 20, 21

1-2-3 Step Fwd on L, Press Ball of R behind L and raise up, Recover back to R,

Begin Wall 4 at 6 O'Clock making 1/2 turn to L for Count 1

Ending: On Count 31 leave off the ¼ turn L and finish with a waltz basic fwd to 12 O'Clock. Hold Count 33