

Left and Right 2022

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Ame Lin (INA) - October 2022

Music: Left and Right (feat. Jung Kook) - Charlie Puth



#Start dance after 16 counts#

2 Tags and No Restart#

Sec 1. WALK, FORWARD SHUFFLE, ROCK FORWARD, COASTER STEP

- 1 – 2 Step Rf forward – Lf forward
- 3 & 4 Step Rf forward – close Lf together – Rf forward
- 5 – 6 Step Lf forward – recover on Rf
- 7 & 8 Step Lf back – Rf back together – Lf forward

Sec 2. ¼ R CROSS SHUFFLE, ½ L CROSS SHUFFLE, SIDE ROCK, BEHIND – SIDE – CROSS

- 1 & 2 ¼ R crossing Rf over Lf – Lf to L side – cross Rf over Lf (03:00)
- 3 & 4 ½ L crossing Lf over Rf – Rf to R side – cross Lf over Rf (09:00)
- 5 – 6 Step Rf to side – recover on Lf
- 7 & 8 Step Rf behind Lf – Lf to L side – cross Rf over Lf

Sec 3. SIDE, TOGETHER, FORWARD SHUFFLE, SIDE, TOGETHER, BACK SHUFFLE

- 1 – 2 Step Lf to side – close Rf together
- 3 & 4 Step Lf forward – close Rf together – Lf forward
- 5 – 6 Step Rf to side – Close Lf together
- 7 & 8 Step Rf back – Close Lf together – Rf back

Sec 4. ANCHOR STEP (L – R), ROCK BACK, KICK BALL TOUCH

- 1 & 2 Step Lf behind Rf – Rf in place – Lf in place
- 3 & 4 Step Rf behind Lf – Lf in place – Rf in place
- 5 – 6 Step Lf back – recover on Rf
- 7 & 8 Kick Lf forward – Lf beside Rf with ball – touch Rf beside Lf

TAG 16 COUNTS (AFTER WALL 1 & 3)

Sec 1. K – STEP

- 1 – 2 Step forward on Rf to R diagonal – touch Lf next to Rf
- 3 – 4 Step back to home position on Lf – touch Rf next to Lf
- 5 – 6 Step back on Rf to back R diagonal – touch Lf next to Rf
- 7 – 8 Step Lf back to home position – touch Rf next to Lf

Sec 2. FIGURE EIGHT STEP

- 1 – 2 Step Rf to R side – cross Lf behind Rf
- 3 – 4 Step Rf making ¼ turn R – forward on Lf
- 5 – 6 Make ½ turn R stepping onto R – make ¼ turn R stepping onto Lf
- 7 – 8 Cross Rf behind Lf – Lf to L side

Enjoy your dance (Just for fun)