# The Morning After



Count: 32 Wall: 4 Level: Beginner / Improver

Choreographer: Rafel Corbí (ES) - October 2022

Music: The Morning After - Nathan Carter: (single)



Intro: 16 counts (Start with instrumental phrase)

# RIGHT ROCKING CHAIR, RIGHT TRIPLE STEP FORWARD, CHASE 1/2 TURN RIGHT, FULL TURN FORWARD

1&2& Rock forward with R, recover onto L, rock back with R, recover forward onto L

3&4 Step forward with R, lock L behind R, step R forward
5&6 Step L forward, pivot 1/2 turn right, step L forward

7&8 Step forward Right, make ½ turn Left (weight forward on Left), step forward on Right 6:00

## WEAVE TO LEFT, ROCK & RECOVER, MONTEREY WITH 1/4 TURN R X 2

9&10&	Step L to left, step R behind L, step L to left, cross R over L
11&12	Rock L to left side, recover onto R, step L behind R
13&14&	Touch R toe to right, 1/4 turn right and R beside L, touch L to left side, Left beside R 9:00
15&16&	Touch R toe to right, 1/4 turn right and R beside L, touch L to left side, Left beside R 12:00

#### MAMBO STEPS FORWARD AND BACK, CHASE 3/4 TURN LEFT, BEHIND SIDE CROSS

17&18	Rock R forward, recover onto L, step R back
19&20	Rock L back, recover onto R, step L forward
21&22	Step R forward, 1/2 turn L, 1/4 turn L and step R to side 3:00
23&24	Step L behind R, step R to right, cross L over R

### SIDE TOUCHES, BEHIND SIDE CROSS, CROSS & HEEL, STOMP & SWIVEL

25&26	Touch R toe to right, touch R beside L, touch R toe to right s	ide
ZJQZU	TOUCH IN DE LO HUHL, LOUCH IN DESIGE E. LOUCH IN DE LO HUHL S	luc

27&28 Step R behind L, step L to right, cross R over L

29&30& Cross L over R, small step R to side, touch L heel forward, L beside R

31&32 Stomp R beside L, swivel heels to right and back to center.

End at the end of 1st section of wall 8 looking 9:00 (Instead of full turn forward, do a 1 1/4 turn and finish with a long step to right side)

Thanks to Mers for the last counts.

**START AGAIN**