

# Set Me Free

**COPPERKNOB**  
STEPSHEETS

**Count:** 40

**Wall:** 4

**Level:** High Beginner

**Choreographer:** Diana Bishop (AUS) - November 2022

**Music:** You Keep Me Hanging On - Anastacia

or: You Keep Me Hangin On - Kim Wilde



**Music slows down towards end just keep dancing through it**

## **STEP KICK, STEP, KICK**

1-4 Step R Fwd Kick L Fwd, Step L Fwd, Kick R Fwd

## **WALK FWD**

5-8 Step R,L,R, Fwd Tap L Next To R,

## **STEP L, HEEL TAP R, STEP R, HEEL TAP L**

1-4 Step L To L, Tap R Heel Next To L Instep, Step R To R, Tap L Heel Next To R Instep

## **STEP L, HIP L X 1, HIP R X 1 DOUBLE HIP L,R L,**

5.6.7&8. Step L To L, As You Hip Bump L X 1 - Hip Bump To R X 1 - Double Hip L, R, L

## **R ROCKING CHAIR**

1-4 Fwd R, Recover Back On L, Step R Back, Recover Fwd On L

## **½ TURN PIVOT, WEIGHT ON LEFT, TRIPLE STEP IN PLACE**

5.6.7&8 Step R Fwd Turn ½ Turn L, Weight Onto L, Step R,L,R Next To L

## **L ROCKING CHAIR**

1-4 Fwd L, Recover Back On R, Step L Back, Recover Fwd On R

## **½ TURN PIVOT, WEIGHT ON LEFT, TRIPLE STEP IN PLACE**

5.6.7&8 Step L Fwd Turn ½ Turn R, Weight Onto R, Step L,R,L Next To R

## **2 X 1/8TH PADDLE L, TO MAKE A ¼ TURN**

1-4 Step R Fwd 1/8th Turn L, Leaping Weight On L, To Pivot On Toes, Step R Fwd 1/8th Turn L, Leaping Weight On L, To Pivot On Toes

## **JUMP FWD FEET APART, CLAP, JUMP BACK FEET TOG- CLAP**

&1.2.&3.4 Jump Fwd R,L Feet Apart One Foot To R Side One To L Side Clap Hands Tog, Jump Back R,L, Feet Tog- Or Slightly Apart Clap Hands Tog