

# After The Night Before

**COPPER** KNOB  
STEPSHEETS

**Count:** 16

**Wall:** 4

**Level:** Absolute Beginner / Beginner

**Choreographer:** Noreen Wall (UK) - November 2022

**Music:** The Morning After - Nathan Carter



**START ON LYRICS 23 SECONDS.**

## **SECTION ONE**

### **STEP TOUCH, STEP TOUCH ,SIDE TOGETHER, STEP,TOUCH**

1&2&            step right to right side, touch left toe beside right foot, step left to left side, touch right toe beside left foot,

3&4&            step right to right side, step left foot beside right foot, step right to right side , touch left toe beside right foot.

### **WALK ,WALK ,RUN,RUN,RUN TO 3 O' CLOCK WALL**

5-6            walk left ,right ,making ¼ turn left to 9 O' clock wall.

7&8            run around left. left, right, left to face 3 O' clock wall.

## **SECTION 2**

### **RIGHT DIAGONAL RIGHT LOCK STEP LEFT DIAGONAL LEFT LOCK STEP.RIGHT HITCH BACK, LEFT HITCH BACK. STOMP RIGHT, LEFT, RIGHT.**

1&2 3&4            on right diagonal ,step forward right foot, cross left foot behind right foot, step forward right foot keep weight on right foot.

**On left diagonal , step forward left foot, cross right foot behind left foot step forward on left foot, keep weight on left foot.**

5& 6&            traveling backwards hitch right knee, step back on right foot, hitch left knee, step back on left foot.

7&8            stomp right, left, right.

**Last Update - 10 Nov. 2022**