

Footloose

Count: 32

Wall: 4

Level: Beginner

Choreographer: Laura Rittenhouse (AUS) - November 2022

Music: Footloose - Blake Shelton



Start after 32 beats (174 BPM) one wall before lyrics when Blake shouts "yah" & electric guitar kicks in, or wait another 32 counts and start with lyrics

S1: RAMBLE RIGHT & LEFT

(Start with weight evenly on both feet)

- 1,2,3,4 Swivel both heels right, Swivel both toes right, Swivel both heels right, Hold
5,6,7,8 Swivel both heels left, Swivel both toes left, Swivel both heels left, Hold

S2: HEEL DIGS, HEEL SPLITS

- 1,2,3,4 Dig R heel fwd at R diagonal, Step R foot beside L, Dig L heel fwd at L diagonal, Step L foot beside R (weight even between feet)
5,6,7,8 Swivel both heels out keeping weight on toes, Swivel both heels back to centre, swivel both heels out, Swivel both heels back to centre

S3: CROSS MAMBOS

- 1,2,3,4 Cross rock R over L, Recover on L, Step R beside L, Hold
5,6,7,8 Cross rock L over R, Recover on R, Step L beside R, Hold

S4: TURN ¼ R WITH K CLAP

- 1,2,3,4 Step forward on R to R diagonal, Touch L beside R & clap, Step back on L to L diagonal, Touch R beside L & clap
5,6,7,8 Turn R ¼ stepping back on R to R diagonal, Touch L beside R & clap, Turn R ¼ stepping L to L diagonal (3:00), Touch R beside L & clap

NOTES

The music is FAST and the phrasing is all over the place. It would be a very difficult dance to insert enough tags and restarts to keep it all in synch, so this is a "just go for it" dance. You should be moving fast enough to not worry about where the chorus kicks in ☐