Rollin' Tide



Count: 32

Level: High Improver

Choreographer: Mark Paulino (USA), Thomas Poon (USA) & Dylan DeClue (USA) - 9 November 2022



Music: Sand - Thomas Rhett

Starts: 32 counts

[1 – 8] SKATE X2, ¼ TURN SIDE STEP, HEEL TOE SWIVEL, SIDE STEP, ¼ TURN SIDE STEP, ¼ TURN TOE HEEL TOE SWIVEL

- 1 2 R skate forward, L skate forward
- 3&4 1/₈ turn L with R side step, L heel swivel towards R, L toe swivel towards R 10:30
- 5 6 L side step, ¼ turn R with R side step 1:30
- 7&8 1/4 turn L with both toe heel toe swivel towards L 10:30

Wall: 4

[9 – 16] FORWARD ROCK RECOVER, ¾ TURN STEP, ¼ PIVOT TURN CROSS OVER, SIDE ROCK RECOVER, VINE

- 1&2 R rock forward, recover back on L, 3% turn R with R stepping forward 3:00
- 3&4 L steps forward, ¼ pivot turn R putting weight onto R, L cross over R 6:00
- 5 6 R side rock, recover on L
- 7&8 R cross behind L, L side step, R crosses over L

[17-24] SIDE ROCK RECOVER, BEHIND, $^{1}\!$ TURN STEPPING FORWARD WITH LEG/ARM LIFT, STEP DOWN, NEUTRAL STEP, BEE'S KNEES

- 1 2 L side rock, recover on R
- 3 4 L cross behind R, ¼ turn R with R stepping forward while L arm points forward and L foot is lifted pointing back.

(Simulate 2 waves travelling from the L side rock towards ¼ turn R into the arm lift with the L arm within these two counts)9:00

- 5 6 L steps down, R steps in place with both knees slightly bent
- &7&8 Both knees separate, both knees comes together, both knees separate, both knees comes together

[25 – 32] RAISE UP WITH SIDE LEG RAISE, MODIFIED SAILOR STEP WITH SIDE LEG LIFT, MODIFIED SAILOR STEP, KICK SWITCHES, KICK HOOK KICK BALL TOUCH

- &1&2 Weight shift onto L while extending up and lifting R to the R side, R crosses behind L, L side step, R side step with lifting L to the L side
- 3&4 L crosses behind R, R side step, L side step
- 5&6& R kick forward, R steps besides L, L kicks forward, L steps besides R
- 7&8& R kick forward, R hook over L, R kick forward, R ball touch besides L

Restarts after 24 counts on wall 3 (facing 6:00 and ends on 3:00) and on wall 5 (facing 12:00 and ends on 9:00)

Email: thefinelinedance@gmail.com