Please Help Me I'm Falling

Level: Absolute Beginner

Choreographer: Pat Mari (INA) - December 2022

Music: Please Help Me, I'm Falling - Hank Locklin or: Please Help Me I'm Falling - Tantowi Yahya

DANCE STARTS ON VOCALS

Count: 32

I GRAPEVINE RIGHT - TOUCH - GRAPEVINE LEFT - TOUCH

- 1 2 Step RF to right side, step LF behind RF
- 3 4 Step RF to right side, touch LF next to RF
- 5 6 Step LF to left side, step RF behind LF
- 7 8 Step LF to left side, touch RF next to LF

II RUMBA BOX

- 1-2 Step RF to side, close LF beside RF
- 3-4 Step RF forward, touch LF beside RF
- 5-6 Step LF to side, close RF beside LF
- 7-8 Step LF back , touch RF beside LF

III ROCKING CHAIR , CROSS, POINT

- 1 2 Rock RF forward, recover on LF
- 3 -4 Rock RF back , recover on LF
- 5 6 Cross RF over LF , point LF to side
- 7 -8 Cross LF over RF, point RF to side

IV JAZZ BOX ¼ TURN , TOE STRUT

- 1 2 Cross RF over LF, ¼ turn R, step LF back
- 3 4 Step RF to right side, step LF slightly forward
- 5 6 Touch R Toe fwd, Drop R Heel in place
- 7 8 Touch L Toe fwd, Drop L Heel in place

Enjoy The Dance $\Box\Box$

Contact thepatty.happystep@gmail.com

Last Update: 20 Dec 2022





Wall: 4

Level: A